



# Housing Authority Wins \$2.8 Million Grant for Warrior Ridge Housing Complex



*Layout rendering of the Warrior Ridge housing complex*

The PGST Housing Authority has been awarded a \$2.8 million grant from the Washington State Housing Trust Fund, managed by the state's Department of Commerce. The money will help fund the Warrior Ridge Supportive Housing project.

Warrior Ridge was approved as a part of the Tribe's Master Plan in 2018. While development was delayed due to the pandemic, the Housing Authority began raising funds immediately and preparation of the site started in 2021. The Warrior Ridge complex will be located on Little Boston Road across from Gliding Eagle Marketplace.

The project is intended to address housing needs for the most vulnerable populations within the PGST community. With up to four phases, initial construction will focus on 30 mixed units,

including duplexes and single-family homes, all exclusively for Tribal members. Fifteen of the homes will be for Elder use only, and seven units will be earmarked for low-income families. The remaining units are transitional housing, that is for homeless or other low-income individuals struggling to meet housing needs.

Construction on Phase One of Warrior Ridge is expected to start later this year with the first units available for move-in by the fall of 2023. The Housing Authority will announce when they are accepting applications for the units.

“The current housing market has priced a lot of people out. Some members of our community, even those who are working full-time, are finding it difficult to keep up with the cost of rent. Warrior Ridge will expand the on-reservation housing stock to help some of our members find safe, affordable, long-term homes,” said Kara Horton, Executive Director, PGST Housing Authority.

Warrior Ridge will also employ an on-site case manager who will work with tenants to help facilitate services. This is the first time that the Tribe has managed a housing project that includes a structure for wrap-around services. While the final details of the program are still in development, it is intended to ensure that tenants understand the support they qualify for and remove any barriers to access.



*nəx<sup>w</sup>qíyt nəx<sup>w</sup>s'káyám'*

## PGST Vision Statement

Our vision is to achieve the full potential of the Port Gamble S'Klallam Tribal sovereign nation to be self-sufficient, proud, strong, healthy, educated and respected.

## PGST Mission Statement

The mission of the Port Gamble S'Klallam Tribe is to exercise sovereignty and ensure self-determination and self-sufficiency through visionary leadership. We will ensure the health, welfare and economic success of a vibrant community through education, economic development, preservation and protection of the rich culture, traditions, language, homelands, and natural resources of our Tribe.

## Port Gamble S'Klallam Tribe

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### Tribal Council

Jeromy Sullivan, Chairman

Chris Tom, Vice Chairman

Renee Veregge, Councilman

Matt Ives, Councilman

Amber Caldera, Councilman

Donovan Ashworth, Councilman

### Entity Directors

- Kelly Sullivan, Executive Director
- Greg Trueb, CFO
- Tamara Gage, Administrative Director of Tribal Government
- Destiny Oliver, Administrative Director of Tribal Services
- Troy Clay, Chief Executive Officer, Noo-Kayet
- Sam Cocharo, General Manager, The Point Casino
- Nic'cola Armstrong, Executive Director, Tribal Gaming Agency
- Joan Garrow, PGS Foundation Executive Director
- Kara Horton-Wright, Port Gamble S'Klallam Housing Authority Executive Director

This newsletter is a product of the Port Gamble S'Klallam Tribe.

*For advertising inquiries or to submit items for publication,  
please contact Ginger Vaughan at [ginger@quinnbrein.com](mailto:ginger@quinnbrein.com).*



## Settlement in Tribal Opioid Lawsuit Announced

On February 1, a tentative settlement of \$590 million was announced in the lawsuit brought by 574 federally-recognized U.S. tribes—including the Port Gamble S'Klallam—against opioid manufacturer Johnson & Johnson and the country's three largest drug distributors. The bulk of the money will go to support tribal health programs centered on addiction treatment and prevention.

Since the start of the opioid crisis, tribal communities have suffered disproportionately high rates of overdose and death compared to other racial and ethnic groups. Between 1999 and 2015, deaths attributed to opioids rose more than 500 percent among American Indians and Alaskan Natives. These emergency conditions have forced tribes to redirect scarce resources to protect and heal their communities.

For example, in recent years, PGST launched its Tribal Healing Opioid Response program (THOR), which focused on preventing opioid misuse and abuse; expanding access to opiate use disorder treatment, and preventing deaths from overdose. THOR was designed to encourage collaboration by various PGST departments to ensure that community members receive the support they need, while no one department is responsible for combatting

the crisis. In addition, PGST often provides abuse recovery services to surrounding non-Tribal community members as well.

Under the terms of this settlement, if approved, PGST and the other litigating tribes will receive funds to continue and expand programs like THOR. Of course, any sum received will not cover all of the costs associated with combatting this crisis.

The lawsuit that has resulted in this tentative settlement is the first nationwide litigation to include tribes as co-equals, the culmination of unprecedented cooperation among tribal nations. When it comes to holding opioid manufacturers and distributors accountable, Tribes have often led the charge, advocating on their own behalf as sovereign nations focused on the safety and wellbeing of their communities.

While this settlement is a tremendous achievement, there are several open cases brought by tribes against opioid manufacturers, distributors, and pharmacies. These are still ongoing and the litigants—including PGST—hope to hold these companies accountable for the devastation they have caused.

### HOUSING AUTHORITY

*Continued from Page 1*

“Sometimes our Tribal families aren't aware of the services available to them,” said Horton. “Even when they are aware they may not have the time to explore options or are intimidated by the process. The case manager will work to ensure that our families are getting the help they need to make their lives better and easier.”

Phase Two of Warrior Ridge will include four apartment buildings with three units each. These will be for the exclusive use of Tribal community members. A community center is also planned.

While only Phases One and Two of the project have been approved by Tribal Council to move forward, two additional phases are expected in the future. Details are still in the planning stages and may include additional housing.

Bremerton-based Blue Architecture is the design partner on the project. A search for a general contractor is underway.

In addition to the funds from Washington State Housing Trust Fund, the Warrior Ridge project has received grants from the Affordable Housing Program, Housing Trust Fund, and Indian Community Development Block Grant Program. Additional funds have come from a variety of sources.

“Warrior Ridge is one of the largest and most ambitious housing projects we have ever created,” said Horton. “For a project of this scale, we have had to work hard to ensure that we have the money to complete it properly. We are so thankful to our funding partners, who have believed in this project and what it will accomplish to make it a reality.”



## COVID Community Update: Omicron Edition

On January 28, Dr. Luke McDaniel and PGST Health Director Jolene Sullivan provided information on and answered questions about the current wave of COVID-19, which is predominantly the variant known as 'Omicron.'

At the time of the event, Washington state, including in Kitsap County, was seeing a peak of cases. If this follows trends set by areas already hit hard by Omicron, this peak would be followed by a rapid decline in cases. Dr. McDaniel predicted that within a month, case counts would be very low with high rates of community immunity.

While Omicron has caused more breakthrough cases than any other COVID variant, the vaccine is still doing a great job of preventing hospitalizations and deaths. When considering the effectiveness of the vaccine, Dr. McDaniel stressed the importance of looking at rates of infection versus the number of cases. Many vaccinated people are testing positive with Omicron, but these numbers don't tell the full story.

For example, by comparing case rates, Dr. McDaniel explained that while unvaccinated people were only three times more likely to get sick with COVID, they were 12 times as likely to be hospitalized and 17 times as likely to die from the illness.

He also talked about the medications available to treat COVID. While some older monoclonal antibody treatments aren't effective against Omicron there's at least one that is. There is also a new oral medication, called Paxlovid. Both medications are about 90% effective at lessening the severity of COVID and are available through the Health Center to unvaccinated or medically vulnerable individuals who contract COVID.

At the end of his presentation, Dr. McDaniel touched on the importance of considering what comes next; that is how we get back to something resembling "normal."

"We will always have (COVID), at least at a very low level," he said.

While acknowledging the mental health challenges faced

by everyone who has lived through this pandemic, he added: "Our response early on was to shut things down and to go online with everything. That made sense then. Now we're recognizing more and more that there are real harms associated with that."

He stressed that vaccinated people shouldn't be overly concerned with the virus, calling the risk from being "seriously harmed" from COVID "very low."

"If you're vaccinated, your risk from COVID is less than from the flu," he said.

After Dr. McDaniel's presentation, there were several questions from attendees about the current state of the pandemic, vaccines, and more. Here are a few of the topics covered:

### **What is the best mask for kids?**

KN95 and N95 masks are recommended for adults, but, unfortunately, these are not available for kid sizes. It is suggested that kids use child-size surgical masks, which offer more protection than cloth masks.

### **What advice would you give when purchasing KN95 masks for adults?**

The key is to buy masks with at least five layers of protection. Also, make sure the seal of the mask around your face fits well. If there are gaps, the mask isn't as effective.

### **Is it safe to get the vaccine or booster while you have COVID?**

The best current advice is you should wait to be vaccinated or boosted until after symptoms of illness are resolved.

### **Does COVID provide natural immunity?**

With past variants, recovering from COVID provided significant natural immunity for at least six months. Things are different with Omicron as there have been cases of reinfection in both vaccinated and unvaccinated individuals. Any sustained effectiveness of natural immunity from the Omicron variant is unclear at this point.

*Continued on the next page*



# Joan Garrow Retires from Port Gamble S'Klallam Foundation



Joan Garrow has retired from her position as the Executive Director of the Port Gamble S'Klallam Foundation.

Joan has been with the Tribe for over 12 years, starting as a development officer in the Foundation working to find grants and individual donations

to support the funding needs of departments and other tribal programming.

During this time, she worked on the committee that got the tribe's history book, *The Strong People*, published. She was hired as the Foundation's executive director in 2014, continuing fundraising efforts for PGST needs.

Her work also included the management and operation of Heronswood Garden, in cooperation with garden administrators and staff.

Joan expresses her deep respect for those she's come to know over the years, "My time working in service to the Tribe and its people has been a capstone of my life. I've learned so much in such a wide variety of areas and I appreciate the friends and acquaintances I've come to know and greatly respect. I feel deeply indebted to so many for the opportunities that afforded me to grow as a person and experience many of the beautiful and meaningful practices and teachings of S'Klallam people. I leave with a grateful heart and an enriched spirit."

Andrea Dolan-Potter has been named the new Executive Director of the Foundation. Since 2020, Andrea has worked closely with Joan as the Foundation's Development Associate.

## COVID UPDATE

*Continued from previous page*

### **Does the potential for serious side effects from COVID increase as more time passes since someone was vaccinated?**

Yes, this is the current thinking and why booster doses are encouraged.

### **Will there come a point where boosters have diminishing returns?**

The booster dose is based on the original strain of COVID, which we are far away from. There is a conversation happening in the medical community around how long it makes sense to offer the booster that is currently available. Support for a second booster is waning.

The assumption is that, at some point soon, there will be an annual COVID vaccine—versus a booster—that is much like the flu shot in that it is modeled on the most current and prevalent strain.

### **What is the definition of a vaccine and what is it supposed to accomplish?**

A vaccine provides information to the body about a virus without introducing the full virus to the system. This information teaches the body how to fight the virus before it enters the body. A vaccine works best against the same variant of the virus that the vaccine was modeled after.

The issue we're seeing now is that Omicron is an extensive mutation of the original virus so it is better able to evade antibodies. The vaccine still works in preventing hospitalizations and deaths, but it's not as good at stopping infection.

It's important to remember that no vaccine is 100% effective even when fighting the virus the vaccine is modeled after.

*To view the full session, please visit [www.pgst.nsn.us/covid-19/downloads](http://www.pgst.nsn.us/covid-19/downloads).*

# Where does water go when it rains, and why does it matter?



Environmental News

February 2022

Although the answer might seem simple and obvious - the water all eventually flows to nəxʷqíyt (Port Gamble Bay) - the details of how rain gets there are hugely important!

How stormwater gets to nəxʷqíyt bay affects:

- salmon survival
- bluff stability
- infrastructure
- and much more!

## What is stormwater and why does it matter?

- Water from rain or snowmelt.
- Picks up pollutants like oil, tire particles, pesticides, fertilizers, and metals, especially from roads and parking lots.
- Carries these UNTREATED pollutants to nəxʷqíyt (Port Gamble Bay).
- Chemicals and particles in stormwater are toxic to marine life and can harm the health of humans that eat marine plants and animals.
- **These pollutants are among the #1 threats to nəxʷqíyt (Port Gamble Bay) ecosystem, animal, and subsistence fisher health.**
- When improperly channeled, can cause damage to infrastructure like walls or natural features like the bluff.

## Stormwater + Paved Surfaces = Trouble!

- In a natural setting, some water flows on the surface and some sinks into the ground.
- This makes water reach a drain slower and more spread out over time.
- Impermeable surfaces like roads and sidewalks keep water from soaking into the ground.
- Instead, water flowing along impermeable surfaces reaches a drain faster and all at once.
- **Increasing the impermeable surfaces in the drained area can overwhelm a drain or destabilize a slope that used to handle the same amount of rain!**



**Fortunately, stormwater is relatively easy to manage!**

# Where does water go when it rains, and why does it matter?



Environmental News February 2022

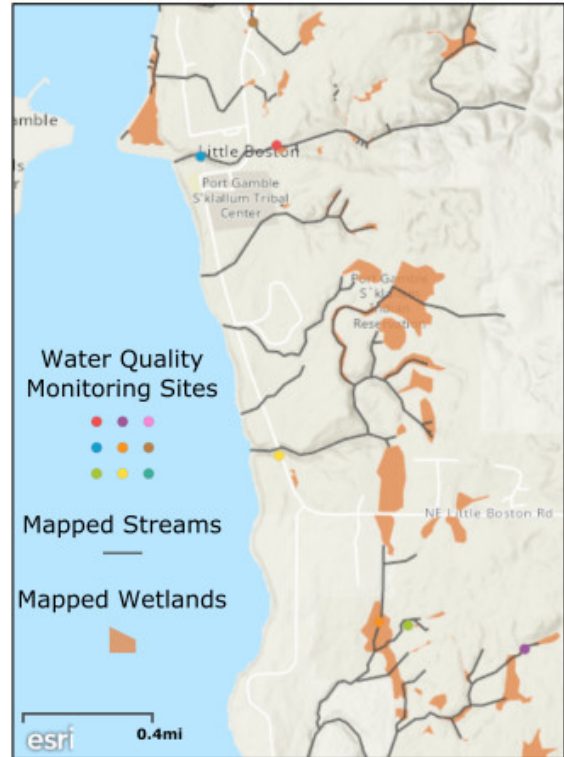
## PGST Waterways, Wetlands, and Water Quality Monitoring

Natural Resources maintains records of PGST waterways and wetlands. Many of these are shown in the map at right. We also track the health of these streams by measuring water quality indicators like dissolved oxygen, temperature, acidity, and more.

**Streams and wetlands are sensitive areas**, crucial for clean water and sustaining plants, fish, and animals through dry summers. **Because of this, every stream and wetland needs a 150' buffer zone.** Buffers aren't shown in this map, but they are important and are required by Title 24 of the PGST code!

Many PGST streams are fish-bearing or potentially fish-bearing, especially with improvements like road culvert replacement or bioswales that scrub pollutants out of road runoff.

**If you want to build, dig, clear, or do other work in or near a stream or wetland please get in touch with Natural Resources to discuss your plans. We can help you figure out how to best protect our salmon and other wildlife.**



## How can you help protect our streams and Bay from polluted stormwater?

Fortunately, many attractive and **cost-effective** approaches exist! A few of these include:

- Rain gardens
- Biofiltration strips, swales, and ponds
- Preserving existing vegetation
- Revegetating with native plants
- Avoid pesticides and fertilizers in landscaping
- Applying compost, mulches, or soil amendments
- Rainwater harvesting (rain barrels, cisterns)
- Green roofs
- Permeable or pervious pavement
- Infiltration or soakage trenches
- And many more!



Kitsap Conservation District



Nat'l Ready Mixed Concrete Ass'n



Point Defiance, City of Tacoma



# Around The Rez

Opportunities and announcements for the S'Klallam Community

## Notice of Hearing on Abandoned Property

There will be a hearing on Tuesday, March 15, 2022 at 10:30 am in Port Gamble S'Klallam Community Court for Natural Resources Enforcement to dispose of abandoned property described as derelict crab pots, specifically 20 square crab pots, 15 octagon crab pots, and 8 commercial round crab pots. All are in various states of disrepair and rust.

Total of 43 pots that cannot be traced back to anyone.

Many attempts have been made to find the owners of these pots. Fishermen have been invited to come and inspect all of the stored gear. None have been claimed.

For more information, contact Sgt. Mauricio Benitez at the Natural Resources Enforcement Office at 360-536-1195.

## COVID Community Support Available

PGS Tribal Council has approved \$5,000 in financial assistance to enrolled Tribal members, aged 18 years and older.

In order to receive payment, you must complete an application, which can be found at [www.pgst.nsn.us](http://www.pgst.nsn.us). Send completed applications to [gwapps@pgst.nsn.us](mailto:gwapps@pgst.nsn.us). The deadline for applications is March 31, 2022.

## Informational ZOOM Sessions

Calling all Tribal members! Curious about how your government operates. Learn more by joining Tribal Council in a series of Zoom sessions covering a variety of topics, including:

**Tuesday, February 15 @ 5 pm**

*Topic: Natural Resources*

**Tuesday, March 15 @ 5 pm**

*Topic: Planning & Development*

**Tuesday, April 19 @ 5 pm**

*Topic: Finance*

**Tuesday, May 17 @ 5 pm**

*Topic: Tribal Enterprise*

These are unofficial meetings. No door prizes or other incentives will be offered for attending. They do not replace General Council meetings.

Register for the sessions you're interested in by contacting Carilla Sims at 360-297-6217 or [cchevathan@pgst.nsn.us](mailto:cchevathan@pgst.nsn.us).

## Organic Veggie Gardening Classes

Want to start gardening, but don't know how to start? Sign up for the Organic Vegetable Gardening Program from Washington State University. These Zoom classes cost \$5-15/each and offer instruction tailored to our area, led by Master Gardeners. Suitable for newbies as well as those with a handier green thumb. Register at <https://extension.wsu.edu/kitsap/2021/11/organic-vegetable-gardening-classes-2022/>.

## MyShake Earthquake App Now Available

The MyShake Earthquake Early Warning app is now available in Washington state.

The app, which was designed by the University of California, Berkeley seismologists and engineers, delivers alerts for earthquakes exceeding magnitude 4.5. It will offer information on potential tsunamis. The app is available for iOS and Android wherever you get your apps.

## Sign Up for PGST Text Notifications

Recently we've received messages for staff and community members having difficulty signing up for the Tribe's text and email notification service. Unfortunately, we have discovered that there is an issue with our provider and some people may experience issues subscribing until this is resolved. They are working on it as fast as they can! In the meantime, sign up for the PGST notification service by going to

<https://portgamblesklallamtribe.alertmedia.com/public>

At this link you can create an account and choose how you would like to receive notifications (email and/or text). If you continue to receive an error message, please reach out to us via the Tribe's Facebook page or email [ginger@quinnbrein.com](mailto:ginger@quinnbrein.com). Thank you!



# Events @ Heronswood



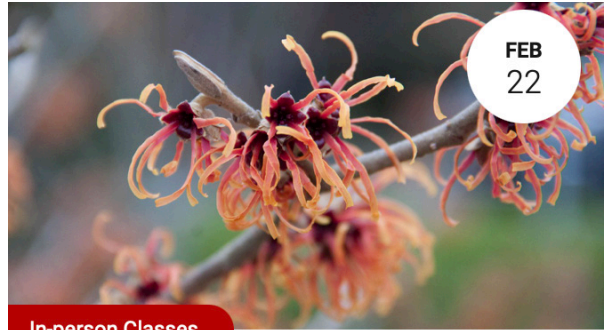
FEB  
16

Online Webinars

## Choosing and Using Vine with Dr. Ross Bayton

Vines are a large & varied group: beautiful flowers, foliage, and fruits. Their climbing habit also makes them useful additions to the garden as they can disguise unsightly structure and add color to gloomy spots. Learn all about vines, including how they climb and how they need to be pruned and cared for.

12 - 1:30 pm Zoom Lunchtime Lecture  
Pricing for PGST community: \$15



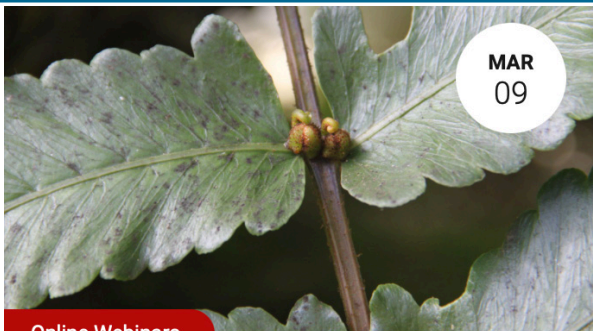
FEB  
22

In-person Classes

## Witch Hazels (*Hamamelidaceae*) with Dr. Ross Bayton

Of all winter plants, witch hazels are perhaps the most elegant, with their spidery fragrant blooms. They also provide excellent fall color and a structural element year-round. Take a tour of the witch hazels at Heronswood and learn more about this versatile plant.

10 am - 1 pm in-person class  
Pricing for PGST community: \$35  
Limited to 20 attendees. Masks required. Dress for outdoors weather.



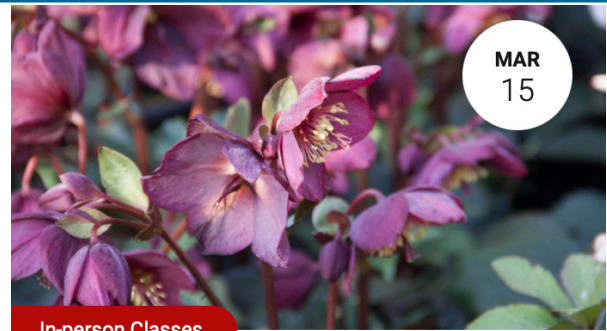
MAR  
09

Online Webinars

## Sex Lives of Ferns with Dr. Patrick McMillan

Unlike flowering plants, ferns rely on the production of spores to reproduce themselves. It is a fascinating process that gardeners can easily put to use to create many more plants for their own gardens. Learn about the fern life cycle and how to grow ferns from spores.

12 - 1:30 pm Zoom Lunchtime Lecture  
Pricing for PGST community: \$15



MAR  
15

In-person Classes

## Hellebores with Dr. Ross Bayton

Hellebores are some of the earliest plants to flower in the garden and they provide welcome relief from the cold of winter. Join Dr. Ross Bayton as he explores this fascinating group. This class will cover hellebore classification, selection, cultivation, and propagation.

10 am - 1 pm in-person class  
Pricing for PGST community: \$35  
Limited to 20 attendees. Masks required. Dress for outdoors weather.

For the full 2022 Event Calendar: [Heronswood.odoo.com/event](https://heronswood.odoo.com/event)



# Happy Birthday!

*...to everyone celebrating in FEBRUARY!*

## February 1

Bryce Bennett  
Michael Boane  
Hunter Jones-Calhoun  
Lucille Olszewski

## February 2

Mickey Fulton Jr  
Cassandra Najera

## February 3

Riley DeCoteau-Labadie  
Edwin Pollock Jr  
Melissa Fulton

## February 4

Karen Armantrout  
Joy Jones-Calhoun  
Jenaveve Rodrigues  
William Swift II  
Sidney Webster  
Kristina Zardiackas

## February 5

Nickolas Bailey  
Donald Knox  
Malachi Stultz  
Amanda Terry  
Ds'Ah Derrick Woodward

## February 6

Steven Adams  
Bronson Hagen  
Eleanor Rogers

## February 7

Eleanor Corless  
Audreena Tom

## February 8

Richard Perry  
William Ives Jr.

## February 9

Dinae Sullivan-Gonnie  
Lemikki Westlund

## February 10

Sierra DeCoteau  
Joseph Ives

## February 11

Talicia Jester  
Kevin Leonard

## February 12

Bonnie George  
Savannah Harris  
Shawnene Simmons  
Randy Wellman Jr.

## February 13

Krystin Denhem  
Joshua Purser

## February 14

Eric Halsey  
John Lawrence  
Jenaveve Rodrigues

## February 15

Jennifer Bruce  
JoAnn Gamble  
Matthew Ives  
Toni Leonard  
Lisa McDonald  
Paul Moran

## February 16

Fred Jacobsen  
Shirley Knox  
Tom Seachord

## February 17

Miranda Cole  
Veronica Justin  
Urijah Woodward

## February 18

Deondre Pierce  
Bryan Plankenhorn  
John Price  
Kahtalina Smith

## February 19

Joyce Bovechop  
Delbert Charles Jr.  
Cassandra Cabato  
Justin Symes  
Lily Scheibner

## February 20

Ethan Purser  
Lila Trevathan

## February 22

Joan Scheibner

## February 23

Elena McGovern  
Jonathan Wise

## February 24

Miranda Ashley  
Parker Jones

## February 25

Martha Evenmore  
Vernon Jackson  
William Landers

## February 26

Victoria Moody  
Bear Sims  
Rylee Tom

## February 27

Laysea DeCoteau  
Robbecca Hernandez  
Cameron Landers  
Matthew Smythe  
Angelina Sosa  
Bethany Swift

## February 28

Calvert Anderson Jr.  
Alice Fulton  
Zachary Tomer





## CHECK IT OUT AT YOUR LITTLE BOSTON LIBRARY

**COMMUNITY NEWS** — This month take advantage of our curbside services and online resources:

- Visit <https://reserve.krl.org/appointments> or call the Little Boston branch directly at 360-860-5080 to schedule curbside holds pick up.
- Request a Book Bundle online at <https://www.krl.org/bundles> and pick up 3-10 items selected just for you.
- Schedule a Book a Librarian at <https://www.krl.org/bookalibrarian> for a 30-45-minute virtual session for help with resources, research questions and more.
- Explore our selection of audiobooks, ebooks and digital magazines at <https://www.krl.org/download>.

The Little Boston Book Group for adults meets online (over Zoom) on Wednesday February 2 from 1-2 p.m. to discuss *The Other Americans* by Laila Lalami. The link to the Zoom meeting is on our website at <https://www.krl.org/classes-events>

**MEET LITTLE BOSTON LIBRARY'S NEW BRANCH MANAGER:** Leigh Ann Winterowd has lived in the Kingston community for nearly sixteen years and has served in the library on many levels. She was the first Youth Services Librarian at Little Boston, and soon after she became manager at the Sylvan Way location. She has been manager at the Kingston location for the last four years, and already knows all the library staff at Little Boston.

**All branches of Kitsap Regional Library are closed Monday, February 21 in observance of the Presidents Day Holiday.**

**Our regular hours are 10 a.m. to 5 p.m. weekdays and 10 a.m. to 1 p.m. Saturdays. Please wear your mask and be ready to support social distancing guidelines during your visit.**

**We have a new phone number! Call 360-860-5080 to place a hold, make a curbside appointment, or speak to a staff person.**

**No matter how you use the Library, we look forward to connecting with you!**



31912 Little Boston Rd. NE  
Kingston, Wash. 98346

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Permit # 111

## TIDE TABLES FOR PORT GAMBLE, WASHINGTON

### FEBRUARY/MARCH 2022

DAY	SUNRISE	SUNSET	1 <sup>ST</sup> TIDE	2 <sup>ND</sup> TIDE	3 <sup>RD</sup> TIDE	4 <sup>TH</sup> TIDE
Tue, 2/15	7:12 am	5:34 pm	5:18 am, 10.5 ft, high tide	10:51 am, 6.6 ft, low tide	3:24 pm, 9.0 ft, high tide	10:17 pm, -0.8 ft, low tide
Wed, 2/16	7:10 am	5:35 pm	5:38 am, 10.6 ft, high tide	11:16 am, 6.1 ft, low tide	4:06 pm, 9.2 ft, high tide	10:52 pm, -0.7 ft, low tide
Thu, 2/17	7:09 am	5:37 pm	5:58 am, 10.7 ft, high tide	11:44 am, 5.4 ft, low tide	4:48 pm, 9.2 ft, high tide	11:28 pm, -0.4 ft, low tide
Fri, 2/18	7:07 am	5:38 pm	6:20 am, 10.8 ft, high tide	12:17 pm, 4.6 ft, low tide	5:34 pm, 9.2 ft, high tide	n/a
Sat, 2/19	7:05 am	5:40 pm	12:04 am, 0.3 ft, low tide	6:45 am, 10.9 ft, high tide	12:54 pm, 3.6 ft, low tide	6:24 pm, 9.0 ft, high tide
Sun, 2/20	7:04 am	5:42 pm	12:41 am, 1.4 ft, low tide	7:11 am, 11.0 ft, high tide	1:35 pm, 2.7 ft, low tide	7:19 pm, 8.8 ft, high tide
Mon, 2/21	7:02 am	5:43 pm	1:20 am, 2.7 ft, low tide	7:40 am, 10.9 ft, high tide	2:19 pm, 1.7 ft, low tide	8:23 pm, 8.6 ft, high tide
Tue, 2/22	7:00 am	5:45 pm	2:02 am, 4.3 ft, low tide	8:11 am, 10.7 ft, high tide	3:10 pm, 1.0 ft, low tide	9:38 pm, 8.4 ft, high tide
Wed, 2/23	6:58 am	5:46 pm	2:50 am, 5.9 ft, low tide	8:48 am, 10.4 ft, high tide	4:06 pm, 0.4 ft, low tide	11:13 pm, 8.4 ft, high tide
Thu, 2/24	6:56 am	5:48 pm	3:57 am, 7.2 ft, low tide	9:33 am, 10.0 ft, high tide	5:09 pm, -0.1 ft, low tide	n/a
Fri, 2/25	6:54 am	5:49 pm	1:13 am, 8.9 ft, high tide	5:38 am, 8.1 ft, low tide	10:34 am, 9.6 ft, high tide	6:16 pm, -0.6 ft, low tide
Sat, 2/26	6:53 am	5:51 pm	2:37 am, 9.6 ft, high tide	7:28 am, 8.1 ft, low tide	11:48 am, 9.3 ft, high tide	7:21 pm, -1.1 ft, low tide
Sun, 2/27	6:51 am	5:52 pm	3:28 am, 10.3 ft, high tide	8:42 am, 7.5 ft, low tide	1:03 pm, 9.3 ft, high tide	8:20 pm, -1.4 ft, low tide
Mon, 2/28	6:49 am	5:54 pm	4:07 am, 10.6 ft, high tide	9:33 am, 6.7 ft, low tide	2:11 pm, 9.5 ft, high tide	9:13 pm, -1.6 ft, low tide
Tue, 3/1	6:47 am	5:55 pm	4:40 am, 10.9 ft, high tide	10:15 am, 5.7 ft, low tide	3:12 pm, 9.7 ft, high tide	10:00 pm, -1.4 ft, low tide
Wed, 3/2	6:45 am	5:57 pm	5:09 am, 11.0 ft, high tide	10:55 am, 4.8 ft, low tide	4:07 pm, 9.7 ft, high tide	10:44 pm, -0.8 ft, low tide
Thu, 3/3	6:43 am	5:58 pm	5:35 am, 11.0 ft, high tide	11:34 am, 3.8 ft, low tide	5:00 pm, 9.6 ft, high tide	11:26 pm, 0.1 ft, low tide
Fri, 3/4	6:41 am	6:00 pm	6:02 am, 11.0 ft, high tide	12:12 pm, 3.0 ft, low tide	5:52 pm, 9.4 ft, high tide	n/a
Sat, 3/5	6:39 am	6:01 pm	12:06 am, 1.2 ft, low tide	6:28 am, 10.8 ft, high tide	12:51 pm, 2.2 ft, low tide	6:46 pm, 9.1 ft, high tide
Sun, 3/6	6:37 am	6:03 pm	12:46 am, 2.6 ft, low tide	6:56 am, 10.6 ft, high tide	1:30 pm, 1.6 ft, low tide	7:42 pm, 8.9 ft, high tide
Mon, 3/7	6:35 am	6:04 pm	1:27 am, 4.1 ft, low tide	7:25 am, 10.2 ft, high tide	2:10 pm, 1.3 ft, low tide	8:43 pm, 8.6 ft, high tide
Tue, 3/8	6:33 am	6:06 pm	2:11 am, 5.5 ft, low tide	7:57 am, 9.7 ft, high tide	2:53 pm, 1.1 ft, low tide	9:55 pm, 8.4 ft, high tide
Wed, 3/9	6:31 am	6:07 pm	3:06 am, 6.7 ft, low tide	8:32 am, 9.1 ft, high tide	3:42 pm, 1.2 ft, low tide	11:32 pm, 8.5 ft, high tide
Thu, 3/10	6:29 am	6:09 pm	4:31 am, 7.6 ft, low tide	9:16 am, 8.5 ft, high tide	4:38 pm, 1.3 ft, low tide	n/a
Fri, 3/11	6:27 am	6:10 pm	1:20 am, 8.8 ft, high tide	6:58 am, 7.7 ft, low tide	10:17 am, 7.9 ft, high tide	5:42 pm, 1.3 ft, low tide
Sat, 3/12	6:25 am	6:12 pm	2:27 am, 9.2 ft, high tide	8:21 am, 7.3 ft, low tide	11:32 am, 7.7 ft, high tide	6:46 pm, 1.1 ft, low tide
Sun, 3/13	7:23 am	7:13 pm	4:09 am, 9.6 ft, high tide	10:03 am, 6.8 ft, low tide	1:43 pm, 7.8 ft, high tide	8:42 pm, 0.8 ft, low tide
Mon, 3/14	7:21 am	7:14 pm	4:40 am, 9.8 ft, high tide	10:30 am, 6.3 ft, low tide	2:43 pm, 8.1 ft, high tide	9:30 pm, 0.5 ft, low tide
Tue, 3/15	7:19 am	7:16 pm	5:03 am, 9.9 ft, high tide	10:51 am, 5.8 ft, low tide	3:33 pm, 8.4 ft, high tide	10:11 pm, 0.2 ft, low tide