Child & Family Services Launches kwananat

New Community Advocate & Resource Services program helps PGST community members access support by navigating available resources



Community Advocate & Resource Services program staff (left to right): Jamie Aikman (manager CARES/Vulnerable Adult program), Cheryl Miller (director, CFS), Leslie Purser (Special Needs Advocate), Nataley Fidler (Vulnerable Adults Advocate), Mandi Moon (Community Resource Navigator), Star Hagen (Community Resource Navigator)

On a late April morning, the team from kwənáŋət: gathered in their new offices in the building across the parking lot from the S'Klallam Worship Center. It is the first time they are all meeting as a group to discuss the new program, which was created to help Port Gamble S'Klallam community members navigate and access available services and resources.

Everyone in the room is passionate about the program's mission, sometimes for very personal reasons. Many are already recognized, by their family and friends, as the people to call for help.

Mandi Moon, one of the program's Community Resource Navigators, talks about being contacted recently by a friend who needed advice on how to be a better advocate for their sick father. "Everybody knows I will help anyone if I can," she said. "I've gone through medical issues with my dad and I want to help. People just call me. Helping comes naturally to me."

Overseen by Child & Family Services (CFS), kwənáŋət formed early this year with Jamie Aikman as the program lead.

kwənáŋət is a S'Klallam word meaning "to be helping several people." The program will be known less formally as Community Advocate & Resources Services (CARES).

> ~CARES Continued on Page 4



PGST Vision Statement

Our vision is to achieve the full potential of the Port Gamble S'Klallam Tribal sovereign nation to be self-sufficient, proud, strong, healthy, educated and respected.

PGST Mission Statement

The mission of the Port Gamble S'Klallam Tribe is to exercise sovereignty and ensure self-determination and self-sufficiency through visionary leadership. We will ensure the health, welfare and economic success of a vibrant community through education, economic development, preservation and protection of the rich culture, traditions, language, homelands, and natural resources of our Tribe.

Port Gamble S'Klallam Tribe

31912 Little Boston Road NE Kingston, WA 98346 Telephone: 360-297-2646 Fax: 360-297-7097 Website: www.pgst.nsn.us Email: info@pgst.nsn.us

Tribal Council

Jeromy Sullivan, Chairman Chris Tom, Vice Chairman Renee Veregge, Councilman Matt Ives, Councilman
Amber Caldera, Councilman
Donovan Ashworth, Councilman

Entity Directors

- · Kelly Sullivan, Executive Director
- Greg Trueb, CFO
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- Destiny Oliver, Administrative Director of Tribal Services
- Troy Clay, Chief Executive Officer, Noo-Kayet

- Sam Cocharo, General Manager, The Point Casino
- Nic'cola Armstrong, Executive Director, Tribal Gaming Agency
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- Kara Horton-Wright, Port Gamble S'Klallam Housing Authority Executive Director

This newsletter is a product of the Port Gamble S'Klallam Tribe. For advertising inquiries or to submit items for publication, please contact Ginger Vaughan at ginger@quinnbrein.com.



Notice of Tribal Council Elections

Elections are scheduled for Monday, July 11, 2022 at the Main Tribal Center Administration offices.

Notices of Intent to Run for Council positions are due by Friday June 10, 2022. See the form below or you can get a copy at the Front Desk. Please fill it out completely and return it to the Enrollment Clerk or the Front Desk personnel by 4:30 pm on June 10th.

Letters of intent are not required but advised. You can submit them at the Front Desk or by email to ctrevathan@pgst.nsn.us and they will be printed in the weekly memo and put on the website. If submitted before May 23rd they may also go in the June newspaper.

Please contact the Enrollment Clerk if you would like information about an Absentee Ballot (360) 297-6217.

Positions up for elections are:

Vice-Chairman: currently held by Chris Tom Council I: currently held by Renee Veregge Council IV: currently held by Amber Caldera

INTENT TO RUN

Port Gamble S'Klallam Tribal Council Position of:

(Write in position)

Positions available in the July 11, 2022 election are: Vice-Chairman, Council I, Council IV

Signature:	Date:
Print Name:	Enrollment #:
Phone Number:	

RETURN TO THE ENROLLMENT DEPARTMENT OR FRONT DESK Due date: June 10, 2022 by 4:30

CARES

Continued from Cover

She is also the manager for the Vulnerable Adult Program, which is coming under the purview of CARES. With the exception of Aikman and Moon—who started in February—all members of the program's staff are just weeks or days into their new positions.

While there are still many logistical details to work out—desks to set up, phone lines to turn on, replacing the department sign of the building's previous tenant—nothing is more important than getting started on fulfilling the program's mission and seizing on the group's enthusiasm for the good they can do in the community. While only a few months old, the idea of CARES is a long time coming.

"We've been having conversations about a (program like this) for years," said Cheryl Miller, director, CFS. "It is needed at every level."

At its core, CARES will assist community members in traversing the often-intimidating research, qualification, and application processes of accessing help and support across all Tribal departments. Individuals, parents, and families who do this work on their own—especially related to state or federal programs—can end up frustrated, disheartened, and confused, sometimes to the point where they walk away before receiving the care and help they or their loved ones need.

"You have to jump through a lot of hoops and it's so stressful. We've had so many parents just throw up their hands," said Miller.

CARES employs two Community Resource Navigators: Moon and Star Hagen. "Any problem any Tribal member has they can come to Star or Mandi for help," said Miller.

While the program's services will be open to everyone in the PGST community, CARES will have specific staff assigned to help vulnerable adults as well as families and children with special needs. CFS has offered similar services to these community members for several years, but CARES will expand the support provided to help ensure long-term success.

According to Miller, children with special needs are an example as to why CARES is so vital: "They are often dependent on a parent. We have a whole generation of these kids who will be teens and then adults. The reality is their parents will not live forever. There has to be a plan to support their care and well-being."

Leslie Purser serves as the program's Special Needs Advocate, while Nataley Fidler has been hired to work with Aikman to support vulnerable adults.

Aikman makes clear that CARES's purpose is to collaborate with each of the Tribe's departments and programs to help community members find all the resources available to them, not to provide these services directly.

"We will look at what's available within the Tribe and help people find what they need and follow-up. Our job isn't to duplicate what's already being provided. We take responsibility for identifying the needs and resources and following through," said Aikman.

CARES staff has begun reaching out to the Tribe's various departments to let them know about this new resource. It is hoped that CARES can not only ease the burden on community members, but also on departmental staff, who often don't have the time or other resources to walk people through applications, complicated departmental processes, or just the life skills needed to improve their lives.

Moon points to probation as an example: "Probation isn't set up to help guide people. That's not really their job. That's something that's needed; to walk people through the processes and provide reminders to get them where they need to be," she said. "Sometimes it's the small things that people need help with that can make the biggest difference: setting up appointments, finding insurance, getting a license renewed. We're here to help with that and the bigger things too."

"My goal is to make this program as successful as possible," said Miller. "This is a wonderful opportunity for the Tribe to expand services for everyone and help the people who are the most vulnerable in our community. While there is certainly a need, we have to show success."

The Violence Against Women Act (VAWA) Reauthorization Act of 2022

- Maintains Tribal jurisdiction over crimes of dating violence, domestic violence, and violations of Tribal civil protection orders first put in place by the 2013 VAWA reauthorization;
- Restores Tribal jurisdiction over crimes of child violence, sexual violence, sex trafficking, stalking, obstruction of justice, and assault of Tribal justice personnel committed by non-Indians offenders;
- Provides Tribes with improved access to critical VAWA implementation resources and ensures the Tribe's right to exercise jurisdiction.



IF YOU ARE LOW INCOME AND IN NEED OF LEGAL ASSISTANCE REGARDING ISSUES SUCH AS THESE, THE NORTHWEST JUSTICE PROJECT MAY BE ABLE TO HELP YOU.

THE NATIVE AMERICAN UNIT AT NORTHWEST JUSTICE PROJECT PROVIDES FREE CIVIL LEGAL SERVICES TO ELIGIBLE NATIVE AMERICAN & ALASKAN NATIVES WHO CANNOT AFFORD A LAWYER IN WASHINGTON STATE.

IN KING COUNTY: CALL (206) 707-0920 | OUTSIDE OF KING COUNTY: CALL NJP'S CLEAR HOTLINE AT 1-888-201-1014 (M-F 9:15 A.M. - 12:15 P.M.) **OR** ASK YOUR VICTIM ADVOCATE FOR A REFERRAL

~CARES, Continued from previous page

Success will be gauged by the number of community members assisted and their various outcomes. In addition, Aikman says plans are underway to reach out to families served and the general community to assess needs and pivot as needed. In that way, CARES becomes a program driven by the needs of the people rather than the other way around. The staff understands that flexibility will drive success in every facet of the work they do.

"If someone comes in and needs something, even if we don't know how to help, we will figure it out and find a way to help," said Aikman.

The CARES program is located in the portable building across the parking lot from the S'Klallam Worship Center. The program's main phone line is still under development so it's suggested that those looking to access help through the program contact the individual providers directly. The providers, their areas of specialty, and their contact information is available starting on page 6.

Meet the CARES Staff

The new Community Advocate & Resources Services (CARES) program wants to help community members access the services available to them. Understanding that navigating the paperwork and requirements of different departments and agencies can be intimidating (and, sometimes, frustrating) the CARES staff is available to be community members' personal helpers. All main members of CARES staff are PGST members. Feel free to contact them directly for what you need.

Nataley Fidler Vulnerable Adult Investigator & Program Assistant



I offer case management services, investigate safety concerns related to vulnerable adults, support navigating related legal issues, and assist clients with defining goals and strengthen independent living skills.

Why did you take this position and how do you hope to help the community?

I took this position because I enjoy helping people. I worked as a child protections investigator, and wanted to expand my experience to working with elders and vulnerable adults.

I am from North Kitsap and, while I am non-Tribal, I have known that the S'Klallam nation is a community of compassionate people. After getting to know my colleagues, I have seen these strengths on display. This team is made up of compassionate community members who strive to do their best for their people.

Reach me at:

360-620-0603 (cell) nfidler@pgst.nsn.us (email)

Mandi Moon Community Resource Navigator



My parents are Dennis and Kay Jones. My grandparents are Harry & Alice Fulton and Jake & June Jones.

I help people fill out paperwork, provide referrals for service, drive clients to appointments, and generally support, guide, and help with almost anything that a Tribal member might need help with.

Why did you take this position?

My passion has always been to help our Tribal members and every member of the community.

How do you hope your work will help the community?

I hope to help guide, assist, support, and encourage our community members so they can be self-sufficient.

Reach me at:

360-710-1977 (cell) mandi@pgst.nsn.us (email)

Star HagenCommunity Resource Navigator



My great grandparents are Foster & Clara Jones, Verni Ives & Martina Grey, Fred & Inez Wellman, Harry & Angeline Fulton. My grandparents are Geneva & Joseph Ives, Marlene & Duane E. Aikman. My parents Joseph E. Ives, Penny & Richard DeCoteau. My husband is Joshua Hagen. My children are Brennon & Bronson Hagen.

I assist clients with applications for services being offered through the Tribe and the surrounding Kitsap County area. I can assist with appointments as well as coordinating with the provider and arranging transportation.

Why did you take this position and how do you hope to help the community?

I am a helper. I want to help our community utilize the services/resources available to them. I have personal experience with SSI disability, COPES for chore workers, and the DSHS requirements for medical and food assistance. I have utilized the 184 Loan and could provide guidance on that process. A lot of these processes can be difficult and overwhelming; I can navigate through them with the client. I have worked with the Tribe for 25 years and have worked within most of our departments. I have a good working relationship with all of the departments and have knowledge of what's required to access the services offers. I am excited to get to working with clients.

Reach me at:

360-297-9629 x5801 (office) 360-536-8471 (cell)

Leslie Purser

Special Needs Advocate



My parents are Penny Purser and Delbert Charles Jr.

I assist with applications for different types of services, provide support for families, and help find resources for job placement.

Why did you take this position?

I have been a caregiver for my two brothers for over 20 years and was a CHR for two years. Helping people with special needs has always been a part of my every day life, and I love helping people find resources that they might otherwise be unaware of.

How do you hope your work will help the community?

I want to help provide support and find the right resources for every family I work with. It's important that they know they have someone to help find the right services when they need them.

Reach me at:

360-731-0637 (cell) 360-297-9629 x5802 (office) lpurser@pgst.nsn.us (email)



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Around The Rez

Opportunities and announcements for the S'Klallam Community

Health Center: Please Report COVID Cases

While the immediate severity of COVID is waning, the virus is still very much continuing to spread.

Many people are finding out their spring cold is actually a positive case of COVID using at-home tests. While the Health Center applauds community members for continuing to take precautions, like testing, against COVID, they would encourage those who test positive to report these findings. Not only can the Health Center provide the most up-to-date isolation and quarantine guidelines, having a handle on case counts helps Tribal leadership make the best choices to help protect the health of the community.

If you test positive for COVID using an at-home test, please call 360-297-9674.

Final Informational ZOOM Sessions

Calling all Tribal members! Curious about how your government operates. The final Informational ZOOM session is scheduled for:

Tuesday, May 17 @ 5 pm Topic: Tribal Enterprise

Register by emailing councilsupport@pgst.nsn.us or by calling 360-297-6220.

Legal Civil Aid Now Available; Will Creation Workshop: April 23

PGST now has a Legal Civil Aid available to Tribal members. Stephanie Swan is a licensed attorney who will be available to Tribal members on the Tribal Campus at least twice a month to advise on civil matters, including those related to family law, probate, and other civil matters. The Civil Legal Aid can only provide guidance related to non-criminal, civil issues and cannot act as a representative in court. To schedule an appointment, please call Penny (Court Clerk) at 360-297-9682.



Heronswood Holds First Plant Sale Since Start of Pandemic



On April 30 and May 1, Heronswood Garden welcomed people back into the garden for its Spring Plant Sale. This was the first Plant Sale event at Heronswood since the start of the pandemic.

Hundreds of people came out to buy plants from a host of vendors and explore the garden over the two-day event.



Heronswood is planning another Plant Sale on September 11, 2022. There are also a variety of classes and events available throughout the summer. Find these at HeronswoodGarden.org/events.

The Garden is open for self-guided tours Wednesday through Sunday from 9 am to 3 pm.





PGST Marches for Missing & Murdered Indigenous Women

On Thursday, May 5, the Port Gamble S'Klallam Tribe held a March to bring awareness to the issue of Missing and Murdered Women (MMIW).

The MMIW March began at the Gliding Eagle Marketplace and ended at the Tribal Center. At the start of the event, those with a connection to MMIW issues—either directly or through family members—shared their stories.

May 5 is recognized as MMIW Day in the US and Canada. This is the fourth year PGST has held an MMIW March (2020 and 2021 were socially distanced events).

Awareness of MMIW is exceedingly important as Indigenous Women are murdered at 10 times the rate of women of other ethnicities. In addition:

 Murder is the third leading cause of death among Indigenous Women.

- More than 4 out of 5 Indigenous Women have experienced violence.
- More than half of Indigenous Women have been physically abused by their intimate partners.
- The murder rate of Indigenous Women is 3 times higher than Anglo-American women.

In late March, Washington State signed into law the MMIW alert system, which creates an Amber alert-like system for missing Indigenous people. While this is a good first step, more can always be done and that often starts with awareness.

For more immediate information about MMIW: https://www.nativewomenswilderness.org/mmiw.

Pictures by Sam Jones











Happy Birthday!

...to everyone celebrating in May!

May 1

Travon Decoteau Akilah Jackson

May 2

Lydia Baker Thomas Doleman Jeremy Fulton Jalen Ives Tydas Montgomery

May 3

Devryn Ashworth Indika-Rose Bray Richard Ritter

May 4

Jacob Hommel Garrett Sitting Dog

May 5

Abby Brooks Justin Jones Donald Plankenhorn Amanda Purser

May 6

Christopher Clearwater Theodore Sims Gary Wellman, Sr.

May 7

Juanita Adams Colin Edwards Kaylee Edwards Dominic Fundak Richard Reynolds Halic Tom

May 8

Rebecca Bray Makya Decoteau Lloyd Fulton Sandra Horton Thomas Horton Floyd Jones Joshua Jones Tiffany Seachord

May 9

Robert Atkins Brady Chadwick Jarod Decoteau Keelie Rogers Tammy Sullivan

May 10

Majorie Corless Paul Gaeta Sabrena Metheny

May 11

Duane Aikman, Jr. Shallee Baker Taliya Caldera Christopher Charles Ariana Griggs Shane Ives Mary Ann Sanchez Wade Stark

May 12

Frank Trevathan Randolph Wellman Rudolph Wellman

May 13

Chas Andrews Soso'Kailema Andrews Christian Bartholomew Sway Simmons Conrad Sullivan Jennifer White

May 14

Reign-Rudy Jones Rylen Stevens

May 15

Carol Fulton Brennon Leonard

May 16

Elena Leonard Tatiana Levy Rose Stewart Stephanie Webster

May 17

Erick Fulton JC Fulton Caden Roberts Tina Sayles

May 18

Debra Carpenter
Douglas George
Norman Ingraham IV
Robert Lund
Glenda Paulus
Vince Purser, Jr.
Richard Roberts, Jr.
Connie Wellman

May 19

Mary Ann Andrews Michael Freeman Daniel Jones Adrian Purser

May 20

Andrew Bidtah Robert Romero, Jr.

May 21

Linda George Joseph Ives

May 22

Angelo Folz-Edwards Josephine Moran Nathan Toney

May 24

Kenneth Charles Mariah Ives

May 25

Indigo Baglien Jameson Hillier William Jones, Jr. Matika Marino

May 26

Morgan Decoteau Labadie Donna Plankenhorn Wah'Sa'Wee Sullivan

May 27

Matthew Decoteau Donna Goodwin Julani McGinty Ariana Soper Lavern Tom, Jr. Dale Williams

May 28

George Lund Paulina Sullivan Veronica Sullivan

May 29

Dwayne Decoteau-Ives Glenn Gresham Robert Johnson Manuel Price Calina Quintana

May 30

Ryder Hanson Colleen Tomer

May 31

Isabella Decoteau Kendall Decoteau Steven Knowlton Lilliana Margart



CHECK IT OUT AT YOUR LITTLE BOSTON LIBRARY

COMMUNITY NEWS—The library is open! Parking is available on Little Boston Road. Accessible parking and parking for curbside service is available next the library building.

programs visit https://krl.org/little-boston and click on the program you wish to attend.

During your visit:

- Browse and check out books, movies, music and more
- Find a seat to read and study
- Use a public computer
- Print, copy and fax
- Enjoy free Wi-Fi on your devices
- Get reference and account assistance at the desk
- Pick up your holds in-branch or curbside
- Attend our virtual and in- person library programs
- Play a board game on our digital game table

Little Boston Programming for May

- May 3 @ 4:15 p.m. Virtual LEGO Builders
- May 4 @ 1:00 p.m. In Person & Virtual Little **Boston Book Group**
- May 10 @ 4:15 p.m. Virtual LEGO Builders
- May 12 @ 10:30 a.m. Virtual Family Storytime
- May 17 @ 4:15 p.m. Virtual LEGO Builders
- May 19 @ 10:30 a.m. Virtual Family Storytime
- May 26, 10:30 a.m. Virtual Family Storytime

For virtual events, please join our community Zoom room and connect through desktop, phone or mobile. For more information about our May

Our regular hours are 10 a.m. to 5 p.m. weekdays and 10 a.m. to 1 p.m. Saturdays.

We have a new phone number! Call 360-860-5080 to place a hold, make a curbside appointment, or speak to a staff person.

No matter how you use the Library, we look forward to connecting with you!



PRSRT STD U.S.POSTAGE PAID Silverdale, WA Permit # 111

TIDE TABLES FOR PORT GAMBLE, WASHINGTON

MAY/JUNE 2022

DAY	SUNRISE	SUNSET	1 ST TIDE	2 ND TIDE	3 RD TIDE	4 TH TIDE
Sun, 5/15	5:29 am	8:41 pm	3:59 am, 10.4 ft, high tide	10:59 am, -1.7 ft, low tide	5:53 pm, 10.0 ft, high tide	11:17 pm, 5.6 ft, low tide
Mon, 5/16	5:28 am	8:43 pm	4:31 am, 10.4 ft, high tide	11:39 am, -2.7 ft, low tide	6:46 pm, 10.6 ft, high tide	n/a
Tue, 5/17	5:27 am	8:44 pm	12:08 am, 6.4 ft, low tide	5:07 am, 10.3 ft, high tide	12:22 pm, -3.4 ft, low tide	7:40 pm, 10.9 ft, high tide
Wed, 5/18	5:25 am	8:45 pm	1:01 am, 6.9 ft, low tide	5:48 am, 10.1 ft, high tide	1:09 pm, -3.5 ft, low tide	8:36 pm, 11.0 ft, high tide
Thu, 5/19	5:24 am	8:46 pm	2:00 am, 7.2 ft, low tide	6:34 am, 9.6 ft, high tide	1:58 pm, -3.2 ft, low tide	9:34 pm, 10.9 ft, high tide
Fri, 5/20	5:23 am	8:48 pm	3:06 am, 7.2 ft, low tide	7:29 am, 8.9 ft, high tide	2:52 pm, -2.5 ft, low tide	10:35 pm, 10.7 ft, high tide
Sat, 5/21	5:22 am	8:49 pm	4:25 am, 6.9 ft, low tide	8:36 am, 8.2 ft, high tide	3:49 pm, -1.4 ft, low tide	11:34 pm, 10.6 ft, high tide
Sun, 5/22	5:21 am	8:50 pm	5:53 am, 6.2 ft, low tide	10:00 am, 7.4 ft, high tide	4:50 pm, -0.2 ft, low tide	n/a
Mon, 5/23	5:20 am	8:51 pm	12:29 am, 10.5 ft, high tide	7:10 am, 5.0 ft, low tide	11:36 am, 6.9 ft, high tide	5:56 pm, 1.1 ft, low tide
Tue, 5/24	5:19 am	8:52 pm	1:17 am, 10.5 ft, high tide	8:08 am, 3.6 ft, low tide	1:16 pm, 6.9 ft, high tide	7:04 pm, 2.3 ft, low tide
Wed, 5/25	5:18 am	8:53 pm	1:57 am, 10.4 ft, high tide	8:54 am, 2.2 ft, low tide	2:47 pm, 7.3 ft, high tide	8:09 pm, 3.4 ft, low tide
Thu, 5/26	5:17 am	8:54 pm	2:31 am, 10.3 ft, high tide	9:32 am, 1.0 ft, low tide	4:01 pm, 8.0 ft, high tide	9:09 pm, 4.4 ft, low tide
Fri, 5/27	5:17 am	8:56 pm	3:00 am, 10.2 ft, high tide	10:05 am, -0.1 ft, low tide	5:02 pm, 8.8 ft, high tide	10:05 pm, 5.3 ft, low tide
Sat, 5/28	5:16 am	8:57 pm	3:28 am, 10.0 ft, high tide	10:35 am, -0.8 ft, low tide	5:53 pm, 9.4 ft, high tide	10:56 pm, 6.1 ft, low tide
Sun, 5/29	5:15 am	8:58 pm	3:55 am, 9.7 ft, high tide	11:04 am, -1.4 ft, low tide	6:36 pm, 9.9 ft, high tide	11:44 pm, 6.7 ft, low tide
Mon, 5/30	5:14 am	8:59 pm	4:23 am, 9.4 ft, high tide	11:34 am, -1.7 ft, low tide	7:15 pm, 10.2 ft, high tide	n/a
Tue, 5/31	5:14 am	9:00 pm	12:30 am, 7.1 ft, low tide	4:53 am, 9.0 ft, high tide	12:06 pm, -1.8 ft, low tide	7:50 pm, 10.4 ft, high tide
Wed, 6/1	5:13 am	9:00 pm	1:16 am, 7.3 ft, low tide	5:26 am, 8.7 ft, high tide	12:40 pm, -1.7 ft, low tide	8:24 pm, 10.4 ft, high tide
Thu, 6/2	5:12 am	9:01 pm	2:01 am, 7.3 ft, low tide	6:02 am, 8.3 ft, high tide	1:17 pm, -1.6 ft, low tide	9:00 pm, 10.3 ft, high tide
Fri, 6/3	5:12 am	9:02 pm	2:48 am, 7.2 ft, low tide	6:41 am, 8.0 ft, high tide	1:57 pm, -1.2 ft, low tide	9:38 pm, 10.3 ft, high tide
Sat, 6/4	5:11 am	9:03 pm	3:39 am, 7.0 ft, low tide	7:26 am, 7.6 ft, high tide	2:40 pm, -0.7 ft, low tide	10:19 pm, 10.2 ft, high tide
Sun, 6/5	5:11 am	9:04 pm	4:37 am, 6.7 ft, low tide	8:20 am, 7.1 ft, high tide	3:25 pm, -0.1 ft, low tide	11:01 pm, 10.1 ft, high tide
Mon, 6/6	5:10 am	9:05 pm	5:37 am, 6.1 ft, low tide	9:28 am, 6.6 ft, high tide	4:13 pm, 0.7 ft, low tide	11:41 pm, 10.1 ft, high tide
Tue, 6/7	5:10 am	9:06 pm	6:31 am, 5.2 ft, low tide	10:49 am, 6.3 ft, high tide	5:04 pm, 1.7 ft, low tide	n/a
Wed, 6/8	5:10 am	9:06 pm	12:19 am, 10.1 ft, high tide	7:15 am, 4.1 ft, low tide	12:16 pm, 6.4 ft, high tide	6:01 pm, 2.8 ft, low tide
Thu, 6/9	5:09 am	9:07 pm	12:54 am, 10.2 ft, high tide	7:54 am, 2.7 ft, low tide	1:40 pm, 6.8 ft, high tide	7:01 pm, 4.0 ft, low tide
Fri, 6/10	5:09 am	9:08 pm	1:27 am, 10.3 ft, high tide	8:32 am, 1.1 ft, low tide	2:58 pm, 7.7 ft, high tide	8:04 pm, 5.1 ft, low tide
Sat, 6/11	5:09 am	9:08 pm	2:00 am, 10.4 ft, high tide	9:10 am, -0.4 ft, low tide	4:05 pm, 8.7 ft, high tide	9:06 pm, 6.0 ft, low tide
Sun, 6/12	5:09 am	9:09 pm	2:34 am, 10.4 ft, high tide	9:50 am, -1.9 ft, low tide	5:04 pm, 9.6 ft, high tide	10:05 pm, 6.7 ft, low tide
Mon, 6/13	5:09 am	9:09 pm	3:11 am, 10.5 ft, high tide	10:33 am, -3.0 ft, low tide	5:58 pm, 10.4 ft, high tide	11:02 pm, 7.2 ft, low tide
Tue, 6/14	5:09 am	9:10 pm	3:52 am, 10.5 ft high tide	11:17 am, -3.8 ft, low tide	6:49 pm, 10.9 ft, high tide	11:59 pm, 7.4 ft, low tide