



## PGST Natural Resources Tracks Big Cats as a Partner in the Olympic Cougar Project



Above: Hazel, one of the big cats being monitored by the Olympic Cougar Project. At right: cougar tracks in a recent snow.

### **By Cassandra LaRoche**

Port Gamble S'Klallam Tribe is one of several Tribes on the Olympic Peninsula teaming up to study cougars (also called mountain lions). We have over 40 collared cougars on the Peninsula right now, including about a dozen on the northeast corner of the Peninsula.

We catch the cougars by finding tracks in the snow, then pursuing them with hound dogs. Once the cat is up a tree we sedate them, lower them to the ground, attach a GPS collar around their neck and take measurements that help us understand their age and body condition. We can tell their age based mostly on gum recession on their two upper canine teeth. Then we reverse the drugs and let the cougar go right where we caught them.





*nəx<sup>w</sup>qíyt nəx<sup>w</sup>s'káyám'*

### PGST Vision Statement

Our vision is to achieve the full potential of the Port Gamble S'Klallam Tribal sovereign nation to be self-sufficient, proud, strong, healthy, educated and respected.

### PGST Mission Statement

The mission of the Port Gamble S'Klallam Tribe is to exercise sovereignty and ensure self-determination and self-sufficiency through visionary leadership. We will ensure the health, welfare and economic success of a vibrant community through education, economic development, preservation and protection of the rich culture, traditions, language, homelands, and natural resources of our Tribe.

## Port Gamble S'Klallam Tribe

31912 Little Boston Road NE  
Kingston, WA 98346

Telephone: 360-297-2646  
Fax: 360-297-7097

Website: [www.pgst.nsn.us](http://www.pgst.nsn.us)  
Email: [info@pgst.nsn.us](mailto:info@pgst.nsn.us)

### Tribal Council

Jeromy Sullivan, Chairman  
Chris Tom, Vice Chairman  
Renee Veregge, Councilman

Matt Ives, Councilman  
Amber Caldera, Councilman  
Donovan Ashworth, Councilman

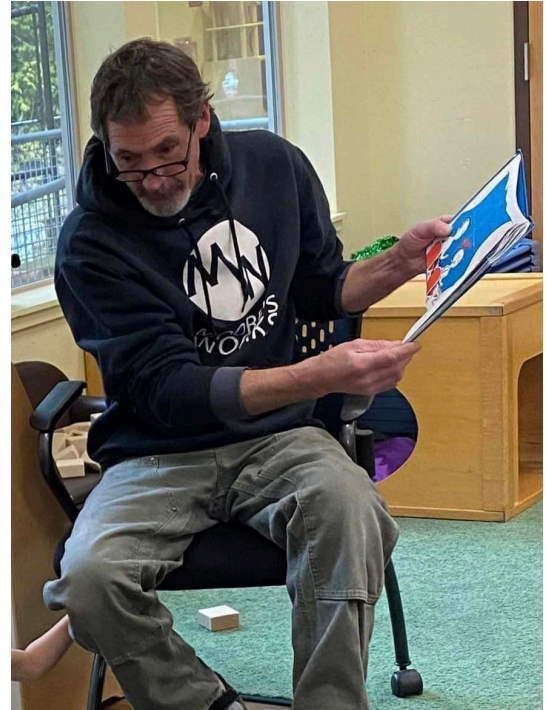
### Entity Directors

- Kelly Sullivan, Executive Director
- Greg Trueb, CFO
- Tamara Gage, Administrative Director of Tribal Government
- Destiny Oliver, Administrative Director of Tribal Services
- Troy Clay, Chief Executive Officer, Noo-Kayet
- Sam Cocharo, General Manager, The Point Casino
- Nic'cola Armstrong, Executive Director, Tribal Gaming Agency
- Andrea Dolan-Potter, PGS Foundation Executive Director
- Kara Horton-Wright, Port Gamble S'Klallam Housing Authority Executive Director

This newsletter is a product of the Port Gamble S'Klallam Tribe.  
*For advertising inquiries or to submit items for publication,  
please contact Ginger Vaughan at [ginger@quinnbrein.com](mailto:ginger@quinnbrein.com).*



## Early Childhood Education Celebrates Read Across America



From February 27 through March 3, the Early Childhood Education program celebrated Dr. Seuss Week, which begins on the beloved author's birthday. The fun coincided with National Read Across America on March 2.

The children and staff dressed in comfy pajamas to read in. Befitting Dr. Seuss, everyone dined on ham and eggs for breakfast followed by green macaroni and cheese for lunch.



Special guests visited each classroom to read a book or three to the kids, who ate popcorn and enjoyed stories like *Cat in the Hat* and *Brown Bear Brown Bear*. Everyone had a grand time! In fact, the readers are invited back any time!

On this page: a few of the volunteers who came to read to the kids at Early Childhood during Dr. Seuss Week.



## April is Sexual Assault Awareness Month

*You can help raise awareness and stop stigma!*

April is Sexual Assault Awareness Month. Raise awareness by wearing denim on April 26. Also, be aware of what sexual assault is and do what you can to prevent it everyday.

### What is 'Sexual Violence'?

Sexual violence happens in every community and affects people of all genders and ages. Sexual violence is any type of unwanted sexual contact. This includes words and actions of a sexual nature against a person's will and without their consent. A person may use force, threats, manipulation, or coercion to commit sexual violence.

Forms of sexual violence include:

- Rape or sexual assault
- Child sexual assault and incest
- Sexual assault by a person's spouse or partner
- Unwanted sexual contact/touching
- Sexual harassment
- Sexual exploitation and trafficking
- Exposing one's genitals or naked body to other(s) without consent
- Masturbating in public
- Watching someone engage in private acts without their knowledge or permission
- Nonconsensual image sharing

There is a social context that surrounds sexual violence. Social norms that condone violence, use power over others, traditional constructs of masculinity, the subjugation of women, and silence about violence and abuse contribute to the occurrence of sexual violence.

Oppression in all of its forms is among the root causes of sexual violence. Sexual violence is preventable through collaborations of community members at multiple levels of society—in our homes, neighborhoods, schools, faith settings, workplaces, and other settings. We all play a role in preventing sexual violence and establishing norms of respect, safety, equality, and helping others.

Consent must be freely given and informed, and a person can change their mind at any time.

Consent is more than a yes or no. It is a dialogue about

desires, needs, and level of comfort with different sexual interactions.

### Who is Impacted by Sexual Violence?

Victims of sexual violence include people of all ages, races, genders, and religions — with and without disabilities.

- Nearly one in five women in the United States have experienced rape or attempted rape some time in their lives (Black et al., 2011).
- In the United States, one in 71 men have experienced rape or attempted rape (Black et al., 2011).
- An estimated 32.3% of multiracial women, 27.5% of American Indian/Alaska Native women, 21.2% of non-Hispanic black women, 20.5% of non-Hispanic white women, and 13.6% of Hispanic women were raped during their lifetimes (Black et al., 2011).

People who sexually abuse usually target someone they know.

- Nearly three out of four adolescents (74%) who have been sexually assaulted were victimized by someone they knew well (Kilpatrick, Saunders, & Smith, 2003).
- One-fifth (21.1%) were committed by a family member (Kilpatrick, Saunders, & Smith, 2003).

Choosing to violate another person is not about “drinking too much,” “trying to have a good time,” or “getting carried away,” nor is it about the clothes someone was wearing, how they were acting, or what type of relationship they have with the person who abused them. Violating another person is a choice.

### Can Sexual Violence be Prevented?

Sexual violence can be prevented. Even though harmful and inequitable histories and systems exist that normalize and condone sexual violence, things are changing. Many people are working to erase the silence and shame that keep sexual violence hidden and are working in their communities to create positive social norms and policies that promote equity and safety. You don't have to work in the field of sexual assault prevention to make a difference.

*~Continued next page*

We can all help prevent sexual violence by modeling and promoting healthy and positive relationships that are based on respect, safety, and equality.

We all have the ability to positively influence others. You can help the people you care about question their harmful beliefs by speaking up if a friend makes jokes or comments about sexual assault or modeling consent with friends and family. Taking action in some way, shape, or form helps to change the thoughts and behaviors of a community.

What does this look like in real life? Here's an example: A friend of your family is over for dinner, and is making jokes or comments about a high-profile case of sexual assault. Their comments make it seem like it's the victim's fault. In this situation, you could:

- Share the information you know about sexual violence and say that it is never the victim's fault.
- Ask respectful questions about the person's attitude. Why do they feel that way? Maybe having a discussion could change their attitude or belief.
- Tell them those comments are not appreciated in your home (or in your presence) and you would like them to stop.



## New Boat Ramp Celebrated by the Community



Above: PGST community members gather on the new ramp. Photo by Cherie Jacobs

Late last year, the PGST community welcomed a new boat ramp to Point Julia.

The new boat ramp—estimated to cost approximately \$3.75 million—was opened on November 15 with a celebration that brought together PGST community members and Tribal leadership. Tribal Council member Matt Ives cut the ribbon to officially declare the ramp open.

Planning for the new boat ramp began in 2018 after the demolition of the dock on the same site. While the old dock was a much beloved fixture at Point Julia for decades, in its latter years, it fell into disrepair.

“(The old dock) was a place for our families to enhance our lives at the beach,” said Kelly Sullivan, PGST Executive Director. “We stored subsistence harvests in the water tied to it, our kids learned to fish from it, and it’s where most of us learned to swim. With time, it became structurally unsafe and was also contributing to the pollution of our bay.”

She went on to add: “Now the Tribe enjoys a state-of-the-art structure, which directly meets the needs of our fishers and protects our waters. We thank our planning, natural resources, and legal teams for the years of work and collaboration that was necessary to make (the new boat ramp) happen.”



# COMMUNITY MEETINGS

## Enrollment Eligibility Survey Results

**April 11 @ 5 pm**

*Zoom Only.*

*Only meeting for remote attendees.*

**April 15 @ 12 pm**

*In Longhouse. Lunch provided*

**May 1 @ 5 pm**

*In Longhouse. Dinner provided*

All meetings will present the same information.

Attendees are eligible for cash drawings of \$25, \$50, and \$100 during the first meeting they attend. Must be present to win.

Open to all enrolled PGST members. Only enrolled members will be allowed to comment, ask questions, or participate in drawings.



For more information and to access the Zoom login details:  
[www.pgst.nsn.us/eec-survey-meetings/](http://www.pgst.nsn.us/eec-survey-meetings/)

**COUGAR**

*Continued from Cover*

The collar will collect GPS location data every 1 or 2 hours for over a year. The locations are uploaded via satellite, so we get daily updates on the location of each cougar. If a cougar spends more than 6 hours in a small area, we go investigate what the cougar was doing there – usually this is sleeping or hunting. If they successfully killed an animal, we figure out the species, age, and sex of their prey. Our local cougars mostly eat deer, but sometimes they eat elk, raccoons, coyotes, grouse, or mountain beavers.

Among our project goals are to quantify how many cougars are on the Olympic Peninsula and figure out how to reconnect cougar populations on the west side of Interstate 5 with much larger cougar populations on the east side. Interstate 5 is almost impossible for wildlife to cross because there is so much traffic. Because cougars (and other animals) have a hard time crossing, populations on the Olympic Peninsula are becoming isolated. This could lead to inbreeding and poor population health in the long term.

*Watch for more info on the Olympic Cougar Project in an upcoming issue!*

# HERONSWOOD® GARDEN

## 2023 EVENT SCHEDULE

	<b>HELLEBORES</b> - SPECIAL SALE & MORE - Sat March 18, 10am-2pm
	<b>SPRING SALE</b> Sat & Sun, May 6 & 7, 10am-2pm
	<b>HERONSWOOF</b> Sat July 15, 10am-2pm
	<b>HYDRANGEAS</b> - FESTIVAL - Sat, August 12, 10am-2pm
	<b>AUTUMN SALE</b> Sat, September 23, 10am-2pm
	<b>HAUNTED HERONSWOOD</b> Fri & Sat, October 20 & 21, 5pm-9pm

**7530 NE 288th St., Kingston, WA**

HAVE AN OLD CAR OR BOAT?

WANT IT HAULED AWAY?

WE CAN HELP!




Contact Josh Carter at **360-620-0927** or [jcarter@pgst.nsn.us](mailto:jcarter@pgst.nsn.us)



# Around The Rez

Opportunities and announcements for the S'Klallam Community

## PGST has a NEW Website!

Last month, PGST launched a new website with new features to benefit and inform the PGST community.

On the new site, each department has their own page with updated information on programs.

The News & Events section ([www.pgst.nsn.us/current-news-events/](http://www.pgst.nsn.us/current-news-events/)) features regular updates, meetings, and other timely information the community needs to know. The most current post from this page will always appear on the home page. Looking for info on a meeting, access to a Zoom call, or a program form? Check here and you'll likely find what you need.

The new site is designed to grow with new features over the next several years, including in the Members Only section. If you were a member of the old website, you will need to register for the new site. Registration is being limited to staff and enrolled PGST members. To re-register, please go to [www.pgst.nsn.us/members/](http://www.pgst.nsn.us/members/).

## April 18 @ 5 pm: Special General Council Meeting Featuring Finance

The next Special General Council Meeting is on Tuesday, April 18 at 5 pm over Zoom. This meeting will feature a presentation from the Finance department on the work they do on behalf of the Tribe.

Additional upcoming Special General Council Meetings include April 18 with Finance and May 16 with Legal.

Access the Zoom meeting details at [www.pgst.nsn.us/general-council-finance-2023](http://www.pgst.nsn.us/general-council-finance-2023).

## Seeking Clam Bake Cooks

PGST has built a positive reputation for hosting and feasting well with guests. The traditional clambake is one of the most admired features.

For the Canoe Hosting on July 27, 2023, event planners are seeking two teams of clam bake cooks. Your bid must include your contact information, how many people are in your team, and pricing to prepare one of the clambakes. Firewood and other supplies will be provided.

Please submit your letter of interest and bid to [jodif@pgst.nsn.us](mailto:jodif@pgst.nsn.us) or to the front desk by July 7, 2023.

## After Hours On-Call Triage Nurse, Weekend Urgent Care Now Available

The Health Center now offers access to an After Hours/On Call triage nurse from 4:30-8:30 pm daily. Use the On-Call nurse for more urgent health concerns that can't wait until regular Health Center hours. You can reach the On-Call nurse at 360-297-9613.

The Health Center is also now offering Urgent Care on Saturdays from 9 am to 5 pm. Walk-in appointments available. As always, if you have an emergency concern please call 9-1-1.

The Health Center is regularly open from 8 am to 4:30 pm, Monday thru Friday. They are closed between 12-1 pm for lunch.

## Accepting Applications for Easter Vouchers

The Holiday Nutrition Assistance Program (AKA the Easter Vouchers) is now accepting applications.

For the 2023 budget season, each enrolled PGST member will receive assistance in the amount of \$50. These will be distributed via check or direct deposit (if set up through accounting.)

**The application can be found opposite the page of this notice**, at the front desk, in the community memo, and in the Child & Family Services building.

Applications can also be downloaded from [www.pgst.nsn.us/2023-easter-vouchers/](http://www.pgst.nsn.us/2023-easter-vouchers/).

All applications are due no later than April 28 at 4:30 pm and can be submitted via email to [vouchers@pgst.nsn.us](mailto:vouchers@pgst.nsn.us) or dropped off in the black box on the side door of the Community Services building. DO NOT hand off to staff or the application may not be processed.

Checks will be processed weekly beginning April 7 through May 5. Any checks not picked up from Accounting will be mailed to address on file.

For more information, please visit [www.pgst.nsn.us/2023-easter-vouchers/](http://www.pgst.nsn.us/2023-easter-vouchers/).



HOLIDAY NUTRITION  
ASSISTANCE 2023  
(HOLIDAY VOUCHER)

**Port Gamble S'Klallam Tribal SPRING Holiday Nutrition Assistance**

The Port Gamble S'Klallam Tribal Council supports granting food vouchers (Checks) to eligible PGST enrolled tribal members to assist with holiday meals.

The Port Gamble S'Klallam Tribe recognizes and supports the need to ensure families are able to share a nutritious meal together during the holidays.

**Applications can be submitted one of two ways: email : vouchers@pgst.nsn.us OR drop in the Black drop box on the by the SIDE door of the Community Services Building. PLEASE DO NOT HAND TO STAFF.  
The deadline is Friday April 28, 2023 at 4:30 p.m. PST.**

**CHECKS WILL BE MAILED TO THE ADDRESS ON FILE WITH ENROLLMENT UNLESS SET UP FOR DIRECT DEPOSIT**

PRINT FULL Names of enrolled PGST members only	Date of birth	Enrollment Verified
1		
2		
3		
4		
5		
6		
		<b>TOTAL CHECK AMOUNT</b>

<b>Mailing Address:</b>	<b>CHECK WILL BE MAILED TO THE ADDRESS ON FILE WITH ENROLLMENT UNLESS SET UP FOR DIRECT DEPOSIT</b>	
<b>E-Mail:</b>		
<b>Telephone Number:</b>		

**Signature of Acceptance**

<b>PRINT NAME:</b>		
<b>SIGNATURE:</b>		<b>DATE:</b>

**STAFF USE ONLY**

<b>STAFF NAME:</b>	
<b>SIGNATURE:</b>	<b>DATE:</b>

**MINOR TRIBAL MEMBER CHILD CHECK MADE TO:** \_\_\_\_\_

<b>VERIFIED BY:</b> _____								
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# HAPPY BIRTHDAY

*...to everyone celebrating in APRIL!*

**April 1**

Cherish Goodall  
Cheri Ann Ives  
Dennis O'Conner

**April 2**

Breana Ballmes  
Braydon Flores  
Arnold Fulton  
Kaylee Jones  
Chloe Sullivan

**April 3**

Jodi Lynn Fulton

**April 4**

Michael Fulton  
Anika Kessler  
Eleanor Phillips  
Kayson Quintana  
Elizabeth Whitbeck

**April 5**

Edward Stark

**April 6**

Jaymon Decoteau  
Jordan Decoteau  
Zachary French  
Jalesa Johnson  
William Lund  
Brenda Seachord  
Donald Sullivan  
Stella Wellman

**April 7**

Susan Hanna  
Donna Lee Jones  
Michael Nilluka  
Courtney Sullivan  
Nathaniel Swift

**April 8**

Camilia Ives  
Eric Meyer  
Shayna Reynolds

**April 10**

Lenore Edwards  
Jordan Hankin  
Sejena Hempel  
Melia Moore  
Julianna Sullivan  
Fred Woodruff IV

**April 11**

Jasmine Cole  
Judy Fulton  
Rachel Ann Hudson  
Zachary Johnson  
Giovanni McPhaul  
Izak Moran

**April 12**

Andrea Ashworth  
Darren Ashworth  
Michael Cole III  
Aidan Purser

**April 13**

Elaine Fulton  
Mark Allen Ives  
Joan Ann Murphy  
Victoria Lynn Purser  
Searra Webstre  
Ryan Wellman

**April 14**

Kimberley Friesen

**April 15**

Jessica Hankin  
Roxanne Hockett  
William Jones III  
Beverly Michalscheck  
Xzavier Roberts-Jones

**April 16**

Christy Charles  
James Price  
Heather Sullivan  
Fawn Dibuono  
Brian Lawrence

**April 17**

Fawn Dibuono  
Brian Lawrence

**April 18**

Shirley Gresham  
Julie Ann Lawrence  
Barbara Schoenberg

**April 19**

Ryan Charles  
William Trevathan Jr.

**April 20**

Mia-Rain Charlie  
Brian Groves  
Benjamin Groves  
Dwayne Ives  
Foster Jones

**April 21**

Jeremiah Hayes  
Marcy Henderson  
Stacy Jacobsen  
Emily McBride

**April 22**

John Aguayo  
Tayana Caldera  
Teresa Hudson  
Tleena Ives  
Matthew Macomber  
Debra Majerus  
Daylon Martin  
Raina Perry

**April 23**

Ariyah Caspersen  
Jayden Fulton  
William Headley  
Judith Hunt  
Victoria Jackson  
Aiyana Meachem  
Gordon Najera Sr.  
Deyani Purser  
Jacqueline Smith

**April 24**

Jasmine Decoteau  
Gabriella Meachem  
Timothy Seachord

**April 25**

Brandon Halsey

**April 26**

Nicole Aikman  
Mayson Fulton  
James Ives III  
Kathleen Jones  
Shelaya Landers  
Dakota Purser

**April 27**

Tiani Doleman  
Michael Johnson Jr.  
Amber Kalina  
Allyssa Purser  
Jazen Purser  
Terrence Wellman

**April 28**

Nancy Bannach  
Sharon Castro  
Sierra Fox  
Wendy Fulton  
Tierrah Klatush  
Rogina Stevens  
Lilli Ann Tom

**April 29**

Kayla Nabors  
Willow Sullivan

**April 30**

Jalen Cole  
Shayla DeCoteau  
Dayla Ives  
Colleen Loux  
Orion Mosher  
Nancy Townsend



## CHECK IT OUT AT YOUR LITTLE BOSTON LIBRARY

**COMMUNITY NEWS**— We are now open 10 am to 6 pm Monday-Thursday, Fridays 10 am to 5 pm and Saturdays 10 am to 2pm. Call 360-860-5080 to place a hold, make a curbside appointment, or speak to staff person.

### Join Us

- April 5 @ 10:30 a.m. -- Virtual and In-Person Little Boston Book Group
- April 5, 12, 19, 26 p.m. -- Crafternoon
- April 6, 13, 20, 27 @ 11:30 a.m. -- Family Storytime
- April 12, 19 @ 3:30 p.m. -- Read to a Dog

For virtual events, please join our community Zoom room and connect through desktop, phone or mobile. For more information about our April programs visit <https://krl.org/little-boston> and click on the program you wish to attend. The library is open!

### Reading Recommendations

***New Native Kitchen*** by Freddie Bitsoie (Diné) & James O. Fraioli: Bitsoie, the former executive chef at Mitsitam Native Foods Café at the Smithsonian's National Museum of the American Indian, and Fraioli showcase the variety of flavor and culinary history of Indigenous nations from coast to coast, providing modern interpretations of 100 recipes that have long fed this country. (Nonfiction • Book • 2021)

***Shutter*** by Ramona Emerson (Diné): Longlisted for the National Book Award and set in New Mexico's Navajo Nation, this novel is equal parts crime thriller, supernatural horror, and poignant portrayal of coming of age on the reservation. Rita Todacheene, a forensic photographer with Albuquerque Police Department has a secret: she sees the ghosts of crime victims who point her toward the clues that other investigators overlook.

Written in sparkling prose, *Shutter* is an explosive debut from one of crime fiction's most powerful new voices. (Fiction • Book • 2022)

### Magazines

#### ***Consumer Reports***

An organization that works with consumers for truth, transparency and fairness in the marketplace.

- Buy and test thousands of products every year to generate reviews and ratings to help consumers
- Work to help consumers make informed choices and influence the marketplace. For more than 80 years, our research, journalism and media, and advocacy have led to safer products and fairer market practices.

#### ***Game & Fish West***

The only national outdoor magazine with a focus on regional hunting and fishing.

- Details proven local strategies for elk, deer, bass, trout and more.
- Discover the best places to hunt and fish from Washington to New Mexico and learn the top times for success in the field and on the water.
- Get info on hot new gear and how it performs.
- As well as updates on trends, regulations, seasons and destinations to plan your next outing.

See you soon  
at the Library!



PORT GAMBLE S'KLALLAM TRIBE

31912 Little Boston Rd. NE  
Kingston, Wash. 98346

PRSRT STD  
U.S.POSTAGE

**PAID**

Silverdale, WA  
Permit # 111

# TIDE TABLES FOR PORT GAMBLE, WASHINGTON

## APRIL/MAY 2023

DAY	SUNRISE	SUNSET	1 <sup>ST</sup> TIDE	2 <sup>ND</sup> TIDE	3 <sup>RD</sup> TIDE	4 <sup>TH</sup> TIDE
Sat, 4/15	6:18 am	8:00 pm	2:31 am, 9.9 ft, high tide	8:39 am, 5.9 ft, low tide	1:04 pm, 7.8 ft, high tide	7:51 pm, 0.1 ft, low tide
Sun, 4/16	6:16 am	8:01 pm	3:11 am, 10.2 ft, high tide	9:23 am, 4.5 ft, low tide	2:27 am, 8.1 ft, high tide	8:51 pm, 0.6 ft, low tide
Mon, 4/17	6:14 am	8:03 pm	3:43 am, 10.4 ft, high tide	10:03 am, 3.1 ft, low tide	3:37 pm, 8.6 ft, high tide	9:45 pm, 1.2 ft, low tide
Tue, 4/18	6:12 am	8:04 pm	4:12 am, 10.6 ft, high tide	10:40 am, 1.6 ft, low tide	4:40 pm, 9.2 ft, high tide	10:34 pm, 2.1 ft, low tide
Wed, 4/19	6:11 am	8:05 pm	4:39 am, 10.7 ft, high tide	11:16 am, 0.3 ft, low tide	5:37 pm, 9.6 ft, high tide	11:21 pm, 3.2 ft, low tide
Thu, 4/20	6:09 am	8:07 pm	5:07 am, 10.6 ft, high tide	11:52 am, -0.7 ft, low tide	6:31 pm, 9.9 ft, high tide	n/a
Fri, 4/21	6:07 am	8:08 pm	12:07 am, 4.3 ft, low tide	5:37 am, 10.4 ft, high tide	12:28 pm, -1.4 ft, low tide	7:23 pm, 10.2 ft, high tide
Sat, 4/22	6:05 am	8:10 pm	12:55 am, 5.3 ft, low tide	6:07 am, 10.0 ft, high tide	1:05 pm, -1.6 ft, low tide	8:15 pm, 10.2 ft, high tide
Sun, 4/23	6:03 am	8:11 pm	1:45 am, 6.2 ft, low tide	6:40 am, 9.5 ft, high tide	1:43 pm, -1.5 ft, low tide	9:07 pm, 10.2 ft, high tide
Mon, 4/24	6:02 am	8:12 pm	2:40 am, 6.8 ft, low tide	7:16 am, 8.8 ft, high tide	2:24 pm, -1.1 ft, low tide	10:02 pm, 10.0 ft, high tide
Tue, 4/25	6:00 am	8:14 pm	3:47 am, 7.2 ft, low tide	7:57 am, 8.1 ft, high tide	3:09 pm, -0.4 ft, low tide	11:04 pm, 9.7 ft, high tide
Wed, 4/26	5:58 am	8:15 pm	5:19 am, 7.2 ft, low tide	8:48 am, 7.5 ft, high tide	4:00 pm, 0.3 ft, low tide	n/a
Thu, 4/27	5:56 am	8:17 pm	12:10 am, 9.5 ft, high tide	7:05 am, 6.7 ft, low tide	9:59 am, 6.9 ft, high tide	4:59 pm, 1.1 ft, low tide
Fri, 4/28	5:55 am	8:18 pm	1:12 am, 9.4 ft, high tide	8:11 am, 6.0 ft, low tide	11:26 am, 6.5 ft, high tide	6:03 pm, 1.7 ft, low tide
Sat, 4/29	5:53 am	8:19 pm	2:00 am, 9.4 ft, high tide	8:51 am, 5.2 ft, low tide	12:53 pm, 6.5 ft, high tide	7:08 pm, 2.1 ft, low tide
Sun, 4/30	5:51 am	8:21 pm	2:35 am, 9.5 ft, high tide	9:20 am, 4.3 ft, low tide	2:08 pm, 6.8 ft, high tide	8:06 pm, 2.5 ft, low tide
Mon, 5/1	5:50 am	8:22 pm	3:01 am, 9.6 ft, high tide	9:44 am, 3.4 ft, low tide	3:10 pm, 7.3 ft, high tide	8:56 pm, 3.0 ft, low tide
Tue, 5/2	5:48 am	8:24 pm	3:23 am, 9.7 ft, high tide	10:06 am, 2.3 ft, low tide	4:04 pm, 7.9 ft, high tide	9:40 pm, 3.6 ft, low tide
Wed, 5/3	5:46 am	8:25 pm	3:45 am, 9.8 ft, high tide	10:29 am, 1.2 ft, low tide	4:51 pm, 8.6 ft, high tide	10:22 pm, 4.3 ft, low tide
Thu, 5/4	5:45 am	8:26 pm	4:07 am, 9.8 ft, high tide	10:56 am, 0.0 ft, low tide	5:37 pm, 9.2 ft, high tide	11:04 pm, 5.1 ft, low tide
Fri, 5/5	5:43 am	8:28 pm	4:31 am, 9.9 ft, high tide	11:27 am, -1.1 ft, low tide	6:22 pm, 9.8 ft, high tide	11:46 pm, 5.8 ft, low tide
Sat, 5/6	5:42 am	8:29 pm	4:57 am, 9.8 ft, high tide	12:02 pm, -1.9 ft, low tide	7:08 pm, 10.2 ft, high tide	n/a
Sun, 5/7	5:40 am	8:30 pm	12:31 am, 6.5 ft, low tide	5:26 am, 9.8 ft, high tide	12:42 pm, -2.5 ft, low tide	7:57 pm, 10.5 ft, high tide
Mon, 5/8	5:39 am	8:32 pm	1:19 am, 7.1 ft, low tide	5:59 am, 9.6 ft, high tide	1:25 pm, -2.7 ft, low tide	8:50 pm, 10.5 ft, high tide
Tue, 5/9	5:37 am	8:33 pm	2:12 am, 7.4 ft, low tide	6:39 am, 9.3 ft, high tide	2:13 pm, -2.5 ft, low tide	9:48 pm, 10.4 ft, high tide
Wed, 5/10	5:36 am	8:35 pm	3:14 am, 7.6 ft, low tide	7:27 am, 8.8 ft, high tide	3:06 pm, -2.1 ft, low tide	10:50 pm, 10.3 ft, high tide
Thu, 5/11	5:35 am	8:36 pm	4:32 am, 7.4 ft, low tide	8:32 am, 8.1 ft, high tide	4:04 pm, -1.3 ft, low tide	11:52 pm, 10.2 ft, high tide
Fri, 5/12	5:33 am	8:37 pm	6:02 am, 6.7 ft, low tide	9:59 am, 7.5 ft, high tide	5:07 pm, -0.4 ft, low tide	n/a
Sat, 5/13	5:32 am	8:38 pm	12:47 am, 10.3 ft, high tide	7:19 am, 5.5 ft, low tide	11:38 am, 7.1 ft, high tide	6:14 pm, 0.6 ft, low tide
Sun, 5/14	5:31 am	8:40 pm	1:34 am, 10.4 ft, high tide	8:14 am, 4.0 ft, low tide	1:16 pm, 7.1 ft, high tide	7:20 pm, 1.6 ft, low tide
Mon, 5/15	5:29 am	8:41 pm	2:12 am, 10.5 ft, high tide	8:59 am, 2.4 ft, low tide	2:44 pm, 7.6 ft, high tide	8:23 pm, 2.7 ft, low tide