

PGST CFS Welcome USDA Deputy Undersecretary In Celebration of Success of SNAP Pilot Program

On June 14, Port Gamble S'Klallam Children & Family Services (CFS) hosted Stacy Dean, USDA Deputy Under Secretary, and a delegation from the department's Food and Nutrition Service (FNS) to discuss PGST's success with a pilot connected to the Supplemental Nutrition Assistance Program (SNAP).

Since 2009, PGST has been the only tribe in the country operating a Community Service Office (CSO) with the ability to perform eligibility and certification services related to SNAP benefits. As the only CSO in North Kitsap, the PGST office has served anyone—tribal and non-tribal alike—who finds themselves in need of benefits. Throughout the pilot, PGST's CFS department was able to demonstrate efficiencies that allowed them to determine eligibility and provide benefits the same day. The success is in the numbers: in the time PGST has operated a CSO, SNAP participation within the service area has increased by over 60 percent.

While the pilot program is a partnership between PGST, FNS, and the State's Department of Social and Health Services (DSHS), PGST staffs the department, receives minimal reimbursement, and is rarely asked to the table as a partner to discuss the program and how its managed. These were some of the points that were expressed during the day-long meeting.

Stacy Mills, former SNAP director for PGST, gave a presentation highlighting the benefits of the program and lead the subsequent discussion.

"I know personally what it was like to have your baby and be told there's no food, no help for you," said Mills. "With this program, families could come to one office to get everything they needed, which is wonderful but overwhelming. It was a lot, but we



PGST CFS Director Cheryl Miller gives a tour of the Tribal campus to USDA Deputy Undersecretary Stacy Dean (middle) and Marirose Piciucco, DSHS/OOS Deputy Chief of Staff

made it work because it does so much for our families."

She also talked about the impact of the program beyond the PGST community: "PGST is an amazing neighbor. They served the area (with eligibility determination), but, from day one, they said they would issue (an EBT card) to whomever has been approved and can get to our offices." She described incidents where families would walk miles from Hansville or Poulsbo and have no way home other than on foot. CFS staff would often provide or find these families rides home after making sure they had the benefits they were entitled to.

Mills detailed the challenges of keeping the program going, especially during the pandemic. For example, while state workers were able to access the tools they needed from home, PGST's CSO employees could only gain access by going to a physical location. As a contractor, PGST CSO staff is also often the last to find out about changes to the program or the contracts that define the Tribe's relationship to state and federal partners.

~SNAP Pilot

Continued on page 7



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PGST Vision Statement

Our vision is to achieve the full potential of the Port Gamble S'Klallam Tribal sovereign nation to be self-sufficient, proud, strong, healthy, educated and respected.

PGST Mission Statement

The mission of the Port Gamble S'Klallam Tribe is to exercise sovereignty and ensure self-determination and self-sufficiency through visionary leadership. We will ensure the health, welfare and economic success of a vibrant community through education, economic development, preservation and protection of the rich culture, traditions, language, homelands, and natural resources of our Tribe.

Port Gamble S'Klallam Tribe

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Kingston, WA 98346

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Fax: 360-297-7097

Website: www.pgst.nsn.us
Email: info@pgst.nsn.us

Tribal Council

Jeromy Sullivan (*deceased*), Chairman
Chris Tom, Vice Chairman
Renee Veregge, Councilman

Matt Ives, Councilman
Amber Caldera, Councilman
Donovan Ashworth, Councilman

Entity Directors

- Kelly Sullivan, Executive Director
- Greg Trueb, CFO
- Tamara Gage, Administrative Director of Tribal Government
- Destiny Oliver, Administrative Director of Tribal Services
- Troy Clay, Chief Executive Officer, Noo-Kayet
- Sam Cocharo, General Manager, The Point Casino
- Nic'cola Armstrong, Executive Director, Tribal Gaming Agency
- Andrea Dolan-Potter, PGS Foundation Executive Director
- Kara Horton-Wright, Port Gamble S'Klallam Housing Authority Executive Director

This newsletter is a product of the Port Gamble S'Klallam Tribe.
*For advertising inquiries or to submit items for publication,
please contact Ginger Vaughan at ginger@quinnbrein.com.*



IMPORTANT NOTICE REGARDING ELECTIONS FOR CHAIRMAN

Tribal Council elections are being held on July 10, 2023, in the Main Tribal Admin Offices. The positions open for election are Council Person II, Council Person III, and the Chairperson. **Out of respect to the family of our beloved Jeromy Sullivan, and the entire Port Gamble S'Klallam Tribe, we are postponing elections for the Chairperson position.**

Incumbent Donovan Ashworth, Bethany Swift, and Malissa Purser are running for Councilperson II. Incumbent Mathew Ives and Jonelle Grady are running for the Council Person III position. *We will hold elections for these two positions only, on Monday, July 10, 2023.*

Jeromy was running unopposed for the Chairperson position—it is too soon to fill the vacancy and void he left behind. The Tribe will hold a special election later this year for the Chairperson position.

In the interim, Vice Chairman, Chris Tom will continue to serve as the acting chair until a special election is held, for which we will give plenty of notice.

More information will be provided as soon as possible on already sent/submitted absentee ballots for the July 10 election as well as a date and details for an upcoming special election.

Please continue to pray for Chairman Sullivan's family and our entire community.

The Port Gamble S'Klallam Tribal Council:

Chris Tom

Renee Veregge

Amber Caldera

Donovan Ashworth

Matt Ives

CONGRATULATIONS

to our 2023 graduates!



Miakoda Anderson
Kingston High School



David Armistead
North Kitsap High School



Ian Baze
Kingston High School



Sam Bidtah
Kingston High School



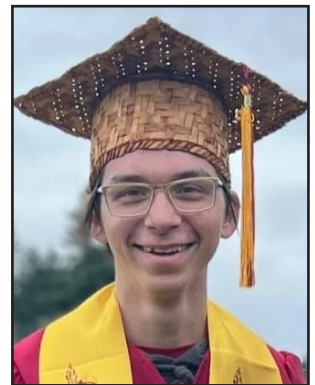
Tyler Chadwick
Kingston High School



Mayson Fulton
Pilot Rock High School



Mikayla Fundak
Kingston High School



Lawrence George
Choice Academy



Graham Heleniak
Whitmore High School



Jaymee Jones
Marysville Pilchuck High School



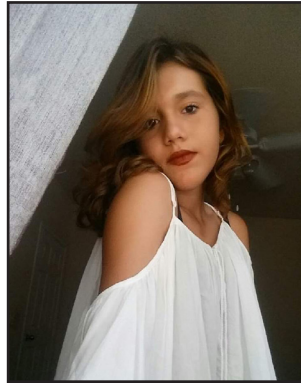
Kah-Ty Natrall
Kingston High School



Ashton Purser
Kingston High School



Halle Purser
Snohomish High School



Mia Strode
High School info not provided



Liberty Sullivan
Kingston High School



Devon Tom
Kingston High School



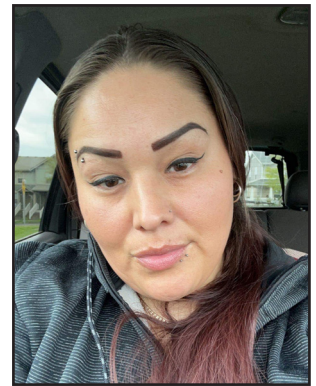
Lavonne Tom
Kingston High School



Rosie Turrieta
Chief Kitsap Academy



Stephanie Webster
North Kitsap Online Academy



Selina Ramirez
Olympic College High School Diploma



Sonya Crocker-Redbird
Northwest Indian College; BA-CARE



Lakeisha Dovre
Northwest Indian College; AA-ECE



Jacob Fundak
Northwest Indian College; AAS



Karleigh Gomez
Northwest Indian College; BA-NSL

Not Pictured: Jonathan Landers (*Baker Creek Community School*)



Cherie Jacobs
Western Governors
University; BA-ACCT



Richard Ogle
Northwest Indian
College; BA-NES



Justyn Purser
Northwest Indian
College; BA-TGBM



Angelina Sosa
Peninsula College;
AA-GDT



Angel Stewart
Northwest Indian
College; AA-GDT



Lonnie Gregory
Nail Tech
Certification



Jade-Cree Ives
CNA



Joe Ives
U.S. Indian Police
Academy



Molly Knowlton
Northwest Indian
College; CNA



Matias Miguel
U.S. Indian Police
Academy



Taylor Purser
CNA



Courtney Sullivan
Northwest Indian
College; ECE
Certification

Not Pictured:

Matika Marino (Northwest Indian College; AA-GDT)
Aspen Olney (Central Washington University; BA-Business Admin)
Amanda Terry (Washington State University; BA)

SNAP Pilot, Continued from Cover

Throughout these frustrations, the PGST team has always found solutions because they recognize that some families would rather forgo benefits than work with a state-run office.

“To see how clients interact with us versus how they feel about going through the state is huge. They trust us; gone is the idea that we’re against them because they know we will make sure the services they can access are available,” said Mills.

The June 14th meeting was meant to serve as an opportunity for FNS to announce an expansion of the program to other state tribes who were interested in operating their own CSO. In attendance were representatives from Quinault Indian Nation, Lummi Nation, Quileute Tribe, and the Spokane Tribe of Indians. During an open discussion period, many of these individuals expressed appreciation for PGST’s efforts, but also voiced skepticism that they would be able to operate their own programs because of the restrictions and requirements placed by FNS.

“I appreciate the value this program can bring, but I’m not sure we would be interested in operating our own office,” said Mary Papp, Tribal TANF Manager for the Quinault Indian Nation. “Now if you would allow us to just issue (EBT) cards, we could do that and it would be of immense value, but that isn’t a possibility right now. We just can’t staff and operate a full program as it is now.”

Dean said she understood the frustrations experienced by PGST and stressed that FNS was working on solutions. At the meeting, she was able to share that one imminent change was the recognition of traditional foods so they can be purchased using SNAP benefits.

“We see (the expansion of the pilot program) as paving the way for tribes across the country. Thank you for the work you do,” said Dean.

Marirose Piciucco, DSHS/OOS Deputy Chief of Staff, also expressed her appreciation: “I want to thank PGST and its government for changing the conversation around food access. You have been so successful in this program. Thank you for your bravery and determination in bringing this program to your people.”

During the visit, Cheryl Miller, director of CFS, and Jaclyn Haight, director of Early Childhood Education (ECE), gave a tour of the Tribal campus, including the CFS and ECE buildings, and the Tribe’s Food Bank. The day started with a traditional song from the S’Klallam Singers and, before lunch, kids from ECE performed a dance for the guests. PGST Council members Matt Ives and Amber Caldera were in attendance throughout the day.

Lunch was a buffet of traditional foods complete with a talk by Culture Director Laura Price on the significance of harvesting and preparing these foods to the PGST people.

The day ended with a recognition of Mills’ work, including a gift from DSHS presented by Piciucco. Mills, who now works in Quality Improvement for the PGST Health Clinic, got the CSO program off the ground in 2009 and ran it for over a decade.

“This program has always been about making sure the services for our community’s most vulnerable continue,” said Mills.



Piciucco embraces former PGST SNAP program director, Stacy Mills

Little Boston Library Summer Happenings



31980 Little Boston Rd NE, Kingston, WA 98346

June

Read to a Dog

Second & Third Wednesdays, June 14 & 21, 3:30 - 4:30 p.m.

Crafternoon (adults)

Wednesdays, 1-2 p.m.

Take & Make: Bird Feeders

Daily, June 26-30, 10 a.m. - 6 p.m. While supplies last.

July

Little Boston Book Group (adults)

Wednesday, July 5, 10:30 a.m. - 11:30 a.m.

Crafternoon (adults)

Wednesdays, 1-2 p.m.

Family Storytime

Thursdays, 11:30 - 12 p.m.

Fossils Exhibit

July 6-18, 10 a.m.-6 p.m.

Read to a Dog

Second & Third Wednesdays, July 12 & 19, 3:30 - 4:30 p.m.

Take & Make: Still Life Slugs

Daily, July 24-28, 10 a.m. - 6 p.m. While supplies last.

Reptile Lady

Monday, July 24, 2-3 p.m.

August

Crafternoon (adults)

Wednesdays, 1-2 p.m.

Family Storytime

Thursdays, 11:30 - 12 p.m.

Read to a Dog

Second & Third Wednesdays, Aug. 9 & 16, 3:30 - 4:30 p.m.

Take & Make: Pinwheels

Daily, Aug. 21-25, 10 a.m. - 6 p.m. While supplies last.

Summer Safety Scavenger Hunt

Party with the North Kitsap Fire & Rescue

Kingston, Thursday, June 29, 5-5:45 p.m.

26159 Dulay Road NE

Summer Safety Scavenger Hunt

Daily, June 30 -August 23, 2023



Concerts in Kingston

Village Green Community Center
26159 Dulay Road NE

Anzanga Music Ensemble

Wednesday, June 28, 6:30 p.m.

Taiko Drumming

Wednesday, July 19, 6:30 -7:15 p.m.



For more information
visit KRL.org

KITSAP REGIONAL



Library

HERONSWOOF

A Paws-tively Perfect Day at
Heronswood® Garden

Saturday, July 15
10 am - 3 pm



Calling all doggos, pups, curious canines, and best friends:

Grab your leash and human for **HERONSWOOF**, a day of fun at Heronswood Garden!

- Get a (s)Wag Bag with treats, coupons, and more. *While supplies last.*
- Explore the Treasure Trail with lots of stops for delicious treats
- Stop by the “Spokes-Dog” photo booth—sponsored by CB’s Nuts!
- Meet new friends at the For the Dogs Ice Cream Social
- Attend a special talk by Dr. Christin Finn, DVM on dog wellness at all ages where even humans can learn new tricks!

Dogs get in free!

Admission for humans is \$10/adults, \$5/kids (7-17), and free for kids 6 and under, and Garden and PGST members.

Dogs must be leashed at all times while on grounds.



For more information, please visit
www.heronswoodgarden.org

A big THANK YOU to our sponsors:

MultiCare 

*CB’s Nuts, Old Dog Haven, Austin and Kat,
Bixbi Pet, KDR Pet Treats, Momentum Carnivore
Nutrition, Packer Mellem, & Bad Dog Frida*

HAPPY BIRTHDAY

...to everyone celebrating in JULY!

- July 1**
Domonique Adams
Tammy Decoteau-Avalos
Danielle Folz
Kelly Potter
Sally Seachord
- July 2**
Aiden Flores
- July 3**
Ruth Anderson
Kalel Ellenwood
Aliyah-Lynn Sullivan
Brooke Wellman
Jennifer Wooster
- July 5**
Lydia Decoteau
James Jones Jr.
Tyson Oliver
- July 6**
Jaxon Cox
Whitley Cox
Richard Harvey Jr.
- July 7**
Summer Callihoo
Stephanie Newell-Foucher
Patricia Newton
Edward Tom
- July 8**
Stephanie Cannon
Joshua DeCoteau-Mcleod
Jonelle Grady
Alexandria Mishkie
Donovan Phillips
Scarlett Treackle
Haylee White
Stacey Wise
- July 9**
Kassidy Jackson
Kyle Sheehy
- July 10**
Summer Hager
Alexyss Jones
- July 11**
Coraline Alarcon-Sullivan
Kyla McGovern
Lowell Nystrom
Todd Stroud
- July 12**
Monica Fulton
Robert Jones Jr.
Colby Ponce-Ramirez
Aubrey Roberts
Tracy Seachord
Gwendolyn Thomas
- July 13**
Duane Aikman III
Isabella Decoteau
Marshall Dixon
Denise Ellenwood
Patrick Ingraham
Valarie Jones
Roger Sullivan
- July 14**
James Montgomery
- July 15**
Christina Charles
Yvonne Gouley
Conner Leavitt
Tanner Sullivan-Cheyney
James Walker
- July 16**
Bradley Crawford
Dennis Decoteau
Courtney Ives
Anthony Jones Jr.
- July 17**
William Henry Jr.
William Jones Sr.
Jayse Jones
Taylor Patrick
- July 18**
Mickey Fulton Sr.
Messiah Gilbert-Jones
Kaitlyn Gutierrez
Colton James
- July 19**
Megan Frederick
Abigail Hall
- July 20**
Tristan Moran Jr.
Madden Swift
- July 21**
Marley Ives
Kimber White
- July 22**
Leroy Charles
Virginia Fulton
Vanessa Newton
Naleilee Woodruff
- July 23**
Gordon Fulton
Dale Purser
Ashley Seachord
Carilla Sims
- July 24**
Misty Jones
Zailena McLean
Josie Strode
Desmond Wellman
- July 25**
Tristin Casperson
Summer Olson
- July 26**
Zachary Chesnin
Andrew Ives
Robin Newman
Raven Tom
- July 27**
Rhonda Holland
Lillian Ives
Trinity Ives
- July 28**
Javon Ashby
Shane Baze
Benjamin Brandt
Joey Buckman
Fred Michalscheck Jr.
Chayton Sullivan
Jacob Sullivan
- July 29**
Shyia Fulton
Brock Heleniak
Eric Whisler
- July 30**
Ariana Akins
Mellynie Ives-Griggs
Sholana Purser
Isaac Reynolds
Madison Sullivan
Renee Veregge
- July 31**
Ida Jones



CHECK IT OUT AT YOUR LITTLE BOSTON LIBRARY

COMMUNITY NEWS— We are now open 10 am to 6 pm Monday-Thursday, Fridays 10 am to 5 pm and Saturdays 10 am to 2pm. Call 360-860-5080 to place a hold, make a curbside appointment, or speak to staff person.

Join Us: Please see schedule of events on Page 8

Now Through August...

Take on Challenges & Win Cool Prizes

Participate in the Dig Into Reading Challenge, read for 10 hours and celebrate with a book or journal to take home. Read 50 hours to earn a drawstring bag for all your Summer Learning goodies or read all 100 hours for your very own celebratory 100-hour Reader T-shirt! Or complete the Dig Into Learning Challenge or Bingo Bonus Challenge for an end-of-summer prize drawing entry. For more information stop by the library or visit www.krl.org.

Reading Recommendations

Project 562: Changing the Way We See Native America by Matika Wilbur (Swinomish / Tulalip): In this 10-year project, Wilbur photographed and interviewed over 562 federally recognized tribes, urban Native communities, tribes fighting for federal recognition and Indigenous role models in the United States. The resulting work is an unprecedented repository of imagery and oral histories that overcomes historical inaccuracies and stereotypical representations, and accurately portrays contemporary Native Americans. (Nonfiction • Book • 2023)

Inhabitants: Indigenous Perspectives on Reloading Our World from Ben-Alex Dupree (Colville Confederated Tribes) & Colleen Cooley (Dine): This feature documentary follows five Native American communities across deserts, coastlines, forests and prairies as they restore their traditional land management practices. As the climate crisis escalates, these time-tested practices of North America's original inhabitants are becoming increasingly essential in a rapidly changing world. (Documentary DVD • 2022)

To Shape a Dragon's Breath: The First Book of Nampesiweisit by Moniquill Blackgoose (Seaconke Wampanoag): In this series launch, Anequs, an Indigenous teen, finds the first dragon egg seen in her community in generations. According to the English who conquered her people's land, Anequs must enroll in an approved dragon academy and raise the hatchling by its standards, or the creature will be killed. Debut novelist Blackgoose deftly and beautifully interrogates colonialism through her fantasy lens. (Fiction • Book • 2023)

Magazines

All Recipes - published six times a year

To help make your cooking adventures a success.

- Friendly - We love trading ideas and hanging out with fellow home cooks.
- Supportive - Struggling with dinner inspiration? We are here to help!
- Creative - Cooking is an art. We like to experiment and express ourselves.
- Approachable - We do not judge—all cooking levels and recipes are welcome.
- Down-to-Earth - We love good food, period. It does not need to be fussy to be great.
- Fun - Like you, we enjoy friends, family, cooking, and having a good laugh.

Family Handyman - published seven times a year
Family Handyman your leading DIY resource for projects, renovations, smart technology, pest control, maintenance, design inspiration and so much more

Inside Every Issue:

- Complete plans for DIY projects with detailed easy-to-follow illustrations.
- Repair tips that SHOW you how to fix it, clean it and keep it running.
- Expert advice from industry pros: plumbers, electricians, carpenters and more.
- Practical storage solutions for organizing your home and garage.



PORT GAMBLE S'KLALLAM TRIBE

31912 Little Boston Rd. NE
Kingston, Wash. 98346

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TIDE TABLES FOR PORT GAMBLE, WASHINGTON

JULY/AUGUST 2023

DAY	SUNRISE	SUNSET	1 ST TIDE	2 ND TIDE	3 RD TIDE	4 TH TIDE
Sat, 7/15	5:25 am	9:05 pm	2:38 am, 9.3 ft, high tide	10:03 am, -1.6 ft, low tide	6:09 pm, 10.4 ft, high tide	11:19 pm, 7.4 ft, low tide
Sun, 7/16	5:26 am	9:04 pm	3:23 am, 9.0 ft, high tide	10:42 am, -1.7 ft, low tide	6:44 pm, 10.5 ft, high tide	n/a
Mon, 7/17	5:27 am	9:03 pm	12:04 am, 7.2 ft, low tide	4:07 am, 8.8 ft, high tide	11:19 am, -1.7 ft, low tide	7:14 pm, 10.4 ft, high tide
Tue, 7/18	5:28 am	9:02 pm	12:41 am, 6.9 ft, low tide	4:49 am, 8.7 ft, high tide	11:56 am, -1.6 ft, low tide	7:40 pm, 10.4 ft, high tide
Wed, 7/19	5:29 am	9:01 pm	1:14 am, 6.6 ft, low tide	5:32 am, 8.5 ft, high tide	12:32 pm, -1.3 ft, low tide	8:03 pm, 10.3 ft, high tide
Thu, 7/20	5:30 am	9:00 pm	1:46 am, 6.2 ft, low tide	6:15 am, 8.3 ft, high tide	1:08 pm, -0.9 ft, low tide	8:26 pm, 10.3 ft, high tide
Fri, 7/21	5:32 am	8:59 pm	2:21 am, 5.7 ft, low tide	7:00 am, 8.0 ft, high tide	1:43 pm, -0.3 ft, low tide	8:52 pm, 10.3 ft, high tide
Sat, 7/22	5:33 am	8:58 pm	2:58 am, 5.1 ft, low tide	7:49 am, 7.6 ft, high tide	2:19 pm, 0.6 ft, low tide	9:19 pm, 10.3 ft, high tide
Sun, 7/23	5:34 am	8:57 pm	3:39 am, 4.4 ft, low tide	8:45 am, 7.2 ft, high tide	2:55 pm, 1.8 ft, low tide	9:47 pm, 10.2 ft, high tide
Mon, 7/24	5:35 am	8:56 pm	4:22 am, 3.5 ft, low tide	9:49 pm, 6.9 ft, high tide	3:32 pm, 3.2 ft, low tide	10:17 pm, 10.1, high tide
Tue, 7/25	5:36 am	8:55 pm	5:09 am, 2.6 ft, low tide	11:05 am, 6.8 ft, high tide	4:14 pm, 4.7 ft, low tide	10:48 pm, 9.9 ft, high tide
Wed, 7/26	5:37 am	8:53 pm	5:58 am, 1.7 ft, low tide	12:36 pm, 7.1 ft, high tide	5:09 pm, 6.1 ft, low tide	11:23 pm, 9.7 ft, high tide
Thu, 7/27	5:39 am	8:52 pm	6:50 am, 0.7 ft, low tide	2:22 pm, 7.7 ft, high tide	6:26 pm, 7.3 ft, low tide	n/a
Fri, 7/28	5:40 am	8:51 pm	12:04 am, 9.5 ft, high tide	7:42 am, -0.4 ft, low tide	3:49 pm, 8.6 ft, high tide	7:59 pm, 8.0 ft, low tide
Sat, 7/29	5:41 am	8:50 pm	12:52 am, 9.5 ft, high tide	8:34 am, -1.4 ft, low tide	4:43 pm, 9.4 ft, high tide	9:17 pm, 8.1 ft, low tide
Sun, 7/30	5:42 am	8:48 pm	1:47 am, 9.6 ft, high tide	9:26 am, -2.3 ft, low tide	5:25 pm, 10.0 ft, high tide	10:16 pm, 7.9 ft, low tide
Mon, 7/31	5:44 am	8:47 pm	2:45 am, 9.7 ft, high tide	10:16 am, -3.0 ft, low tide	6:01 pm, 10.4 ft, high tide	11:06 pm, 7.4 ft, low tide
Tue, 8/1	5:45 am	8:46 pm	3:42 am, 9.9 ft, high tide	11:04 am, -3.3 ft, low tide	6:36 pm, 10.7 ft, high tide	11:53 pm, 6.7 ft, low tide
Wed, 8/2	5:46 am	8:44 pm	4:40 am, 10.0 ft, high tide	11:52 am, -3.3 ft, low tide	7:11 pm, 10.9 ft, high tide	n/a
Thu, 8/3	5:47 am	8:43 pm	12:41 am, 5.8 ft, low tide	5:39 am, 9.8 ft, high tide	12:39 pm, -2.7 ft, low tide	7:45 pm, 11.0 ft, high tide
Fri, 8/4	5:49 am	8:41 pm	1:31 am, 4.8 ft, low tide	6:40 am, 9.5 ft, high tide	1:25 pm, -1.7 ft, low tide	8:19 pm, 11.1 ft, high tide
Sat, 8/5	5:50 am	8:40 pm	2:22 am, 3.7 ft, low tide	7:44 am, 8.9 ft, high tide	2:11 pm, -0.2 ft, low tide	8:54 pm, 11.1 ft, high tide
Sun, 8/6	5:51 am	8:38 pm	3:16 am, 2.7 ft, low tide	8:54 am, 8.3 ft, high tide	2:58 pm, 1.7 ft, low tide	9:30 pm, 10.9 ft, high tide
Mon, 8/7	5:53 am	8:37 pm	4:11 am, 1.7 ft, low tide	10:14 am, 7.8 ft, high tide	3:49 pm, 3.6 ft, low tide	10:08 pm, 10.6 ft, high tide
Tue, 8/8	5:54 am	8:35 pm	5:08 am, 1.0 ft, low tide	11:52 am, 7.7 ft, high tide	4:51 pm, 5.4 ft, low tide	10:50 pm, 10.1 ft, high tide
Wed, 8/9	5:55 am	8:33 pm	6:08 am, 0.4 ft, low tide	1:46 pm, 8.1 ft, high tide	6:17 pm, 6.8 ft, low tide	11:38 pm, 9.5 ft, high tide
Thu, 8/10	5:57 am	8:32 pm	7:07 am, 0.0 ft, low tide	3:19 pm, 8.9 ft, high tide	8:06 pm, 7.4 ft, low tide	n/a
Fri, 8/11	5:58 am	8:30 pm	12:33 am, 9.0 ft, high tide	8:05 am, -0.3 ft, low tide	4:21 pm, 9.6 ft, high tide	9:32 pm, 7.2 ft, low tide
Sat, 8/12	5:59 am	8:28 pm	1:33 am, 8.6 ft, high tide	8:57 am, -0.5 ft, low tide	5:07 pm, 10.0 ft, high tide	10:30 pm, 6.9 ft, low tide
Sun, 8/13	6:01 am	8:27 pm	2:32 am, 8.5 ft, high tide	9:44 am, -0.7 ft, low tide	5:43 pm, 10.2 ft, high tide	11:12 pm, 6.5 ft, low tide
Mon, 8/14	6:02 am	8:25 pm	3:23 am, 8.5 ft, high tide	10:25 am, -0.8 ft, low tide	6:12 pm, 10.1 ft, high tide	11:44 pm, 6.2 ft, low tide