



## PGST Food Bank Receives \$10,000 Grant from First Nations Development Institute



*The Food Bank operated by the Port Gamble S'Klallam Tribe served over 400 households on the reservation and throughout North Kitsap in just the last six months of 2023. Grant money will, in part, go to replenish supplies of fresh fruits and vegetables.*

Port Gamble S'Klallam Tribe's (PGST) Family Assistance Program has been awarded a \$10,000 grant from the First Nations Development Institute to help stock the Tribe's Food Bank. The Family Assistance Program is a part of the Tribe's Children & Family Services.

PGST has been running its own Food Bank for close to 30 years. The awarded grant money will help the Food Bank provide more fresh produce and low sodium options to better address health needs and potential dietary restrictions. A small portion of the funds will be used to purchase items that will help extend the shelf life of fresh fruits and vegetables.

“Community members who rely on our Food Bank often face multiple barriers to food access, including insufficient SNAP funding, excessive housing costs, and lack of transportation. The need is only increasing. Over the

last several years, we have seen a marked increase in the number of people utilizing our Food Bank to bridge the financial gap that's a result of high inflation and rising food costs,” said Sandra Horton, PGST's Family Assistance Program Manager.

In 2022, 1,396 people from 394 households in Kitsap County utilized PGST's Food Bank, which is located on the Reservation. In just the latter six months of 2023—from July through mid-December—the Food Bank served 1,407 people from 411 households. On average, each person receives approximately 10 lbs. of food per visit. There is no limit to the amount a person can receive per day. PGST has 1,392 enrolled Tribal members and its Food Bank is open to anyone in Kitsap County, which has a population of over 275,000.

**~Food Bank**

*Continued on Page 7*



*nəx<sup>w</sup>qíyt nəx<sup>w</sup>s'káyám'*

### PGST Vision Statement

Our vision is to achieve the full potential of the Port Gamble S'Klallam Tribal sovereign nation to be self-sufficient, proud, strong, healthy, educated and respected.

### PGST Mission Statement

The mission of the Port Gamble S'Klallam Tribe is to exercise sovereignty and ensure self-determination and self-sufficiency through visionary leadership. We will ensure the health, welfare and economic success of a vibrant community through education, economic development, preservation and protection of the rich culture, traditions, language, homelands, and natural resources of our Tribe.

## Port Gamble S'Klallam Tribe

31912 Little Boston Road NE  
Kingston, WA 98346

Telephone: 360-297-2646  
Fax: 360-297-7097

Website: [www.pgst.nsn.us](http://www.pgst.nsn.us)  
Email: [info@pgst.nsn.us](mailto:info@pgst.nsn.us)

### Tribal Council

Amber Caldera, Chairwoman  
Chris Tom, Vice Chairman  
Renee Veregge, Councilman

Matt Ives, Councilman  
Kyle Carpenter, Councilman  
Donovan Ashworth, Councilman

### Entity Directors

- Kelly Sullivan, Executive Director
- Greg Trueb, CFO
- Tamara Gage, Administrative Director of Tribal Government
- Destiny Oliver, Administrative Director of Tribal Services
- Eric Croft, Interim Chief Executive Officer, Noo-Kayet
- Sam Cocharo, General Manager, The Point Casino
- Nic'cola Armstrong, Executive Director, Tribal Gaming Agency
- Andrea Dolan-Potter, PGS Foundation Executive Director
- Kara Horton-Wright, Port Gamble S'Klallam Housing Authority Executive Director

This newsletter is a product of the Port Gamble S'Klallam Tribe.

*For advertising inquiries or to submit items for publication,  
please contact Ginger Vaughan at [ginger@vaughancomm.com](mailto:ginger@vaughancomm.com).*

# **MARK YOUR CALENDARS:** **Important General Council** **Dates for 2024!**

## **Spring General Council**

*Saturday, March 30*

Meeting begins at 9 am

Fall General Council is scheduled for  
Saturday, October 5, 2024.

In addition, there are Special General Council meetings scheduled throughout 2024 with a focus on the work of PGST departments and entities. These meetings begin at 5:30 pm and are Zoom only.

**Tuesday, January 30:**

**Natural Resources**

**Wednesday, May 29:**

**Point No Point Treaty Council**

**Tuesday, February 27:**

**Planning, Housing, & Development**

**Tuesday, August 27:**

**Health Services**

**Tuesday, March 26:**

**Noo-Kayet Investments**

**Tuesday, September 24:**

**Legal**

**Tuesday, April 30:**

**Finance**

*The full PGST Government calendar, including Tribal Council schedule and holiday closures, as well as Zoom info can be found at [www.pgst.nsn.us/calendar](http://www.pgst.nsn.us/calendar).*



## Shop with a Cop 2023 a Success!



*Kids and cops participating in 2023 Shop with a Cop*

On Saturday, December 2, at the Poulsbo Walmart, law enforcement officers throughout Kitsap County, including from PGST's Public Safety team, and members of the local

military gathered for 2023's Shop with a Cop.

Port Gamble S'Klallam Child and Family Services provided a list of children to participate. The children received a police escort to the event with the convoy lead by Santa!

Kitsap Shop with a Cop is a 501(c)3 nonprofit organization that provides local kids the opportunity to purchase gifts for family and friends. They have operated the program for 19 years.

Through donations and fundraising, the year's program provided approximately 150 children throughout Kitsap Council \$200 each for holiday shopping. PGST Public Safety has participated in the program for several years.

## Kyle Carpenter Sworn in as Council Person IV



Kyle Carpenter was sworn in as Council Person IV on Tuesday, December 19.

He was elected via a Special Election on Friday, December 15 to fill the seat vacated by Amber Caldera when she was elected as Chair in October 2023.

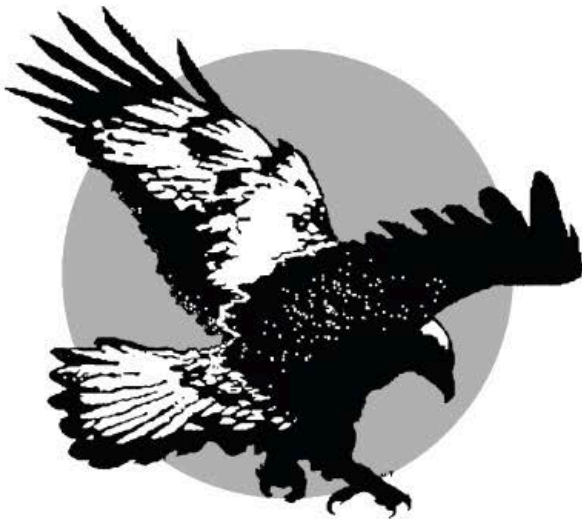
*At left: Kyle Carpenter is sworn in by Tribal Attorney Gina Steiner*

# **37<sup>th</sup> Annual Stan Purser Memorial Powwow**

**February 23 & 24, 2024**

Location: Port Gamble S'Klallam Tribe, 31912 Little Boston Rd NE, Kingston WA

Questions: Please call Leslie Purser at 360.621.5369 or Penny Purser at 360.271.7422



## **Coastal Jam**

Friday, February 23<sup>rd</sup>

Dinner @ 5 PM

Coastal Singing & Dancing to follow

## **Powwow**

Saturday, February 24<sup>th</sup>

Dinner @ 2 PM

Grand Entry @ 4 PM

Intertribal Singing & Dancing

Musical Chairs

Candy Toss

Vendors with native jewelry, apparel & more!

All dancers, singers, spectators invited & welcome to attend!

Vendor space available for Friday & Saturday: \$50 10x10 space. Please contact Roxanne Hockett at 360.990.3233 or [roxannehockett@gmail.com](mailto:roxannehockett@gmail.com) to reserve a spot!

Stay at The Point Casino & Hotel

Call 360.340.9700 to reserve

This is a drug and alcohol-free event. The Powwow Committee or the Port Gamble S'Klallam Tribe are not responsible for any lost, stolen, or damaged property. We reserve the right to exclude anyone exhibiting behavior we deem inappropriate for this event.



## FEEDBACK NEEDED:

# Take the Heronswood Community Survey

Over the past year, the team at Heronswood and the Port Gamble S’Klallam Foundation have been working on plans for the future of the Garden. In the short term, they have expanded events at the Garden to pull in new people and communities. The 2024 schedule is available below.

One major idea being explored is a new events center that would be able to host weddings and other revenue-generating gatherings. In addition, an events center at Heronswood would provide indoor space for classes, cultural events, social events, community activities, and would be able to support a wide range of indoor programs year-round.

They are working with local firm Rice Fergus Miller on a feasibility study and the early results showing viability are very positive! As a part of this process, they want to hear from as many voices as possible—especially the PGST community—to learn thoughts on a possible events center, including what features would be most valued.

The survey is open until January 31, 2024 and shouldn’t take more than five minutes to complete.

**Take the Heronswood Community Survey now:**

<https://www.surveymonkey.com/r/P2B-9VY7>

	
	<p><b>HELLEBORES</b> - SPECIAL SALE &amp; MORE - Sat, March 9, 10am-2pm</p>
	<p><b>SPRING SALE</b> Sat &amp; Sun, May 4 &amp; 5, 10am-2pm</p>
	<p><b>HERONSWOOD</b> Sat June 1, 10am-2pm</p>
	<p><b>CAMAS CLUB</b> - FOR KIDS - Sat, July 13, 10am-2pm</p>
	<p><b>HYDRANGEAS</b> - FESTIVAL - Sat, August 10, 10am-2pm</p>
	<p><b>AUTUMN SALE</b> Sat, September 14, 10am-2pm</p>
	<p><b>HAUNTED HERONSWOOD</b> Fri &amp; Sat, October 18 &amp; 19, 5pm-9pm</p>
<p><b>Located at 7530 NE 288th St., Kingston, WA</b></p>	

**FOOD BANK***Continued from Cover*

*In addition to fresh produce, the PGST Food Bank offers a variety of meats, canned/shelf stable foods, and household/personal goods.*

The PGST Food Bank is stocked from myriad sources, including through the Tribe's own fisheries and community garden. An almost-weekly meat delivery makes about 800 lbs. monthly available for shoppers. There is an emphasis on fresh foods, particularly those that are traditional to native diets, including salmon, potatoes, onions, and more. Because of demand and the limited shelf life of fruits and vegetables, the Food Bank has had difficulty keeping fresh options in stock.

"We have to make frequent purchases to ensure our families are getting the fresh food they need," said Horton. "The grant from First Nations will not only help us keep fruits and vegetables stocked, but also help us acquire better tools to minimize spoilage. We thank First Nations for their generous support on behalf of all of the households we serve!"

The PGST Food Bank is one of only two organizations in north Kitsap County that provides 5-day-a-week service with additional availability on weekends by request. It is funded through various federal and state grants as well as PGST hard dollars.

The First Nations Development Institute strengthens American Indian economies to support healthy Native communities. They invest in and create innovative institutions and models that strengthen asset control and support economic development for American Indian people and their communities.

More information about the First Nations Development Institute can be found at [www.firstnations.org](http://www.firstnations.org).

## Port Gamble S'Klallam Food Bank FAQ

**OPEN Monday - Friday, 8 am to 4:30 pm**  
Services available on weekends on request

PGST Families living on the reservation are welcome to use the Food Bank. Also eligible: Tribal members living off reservation or any household, including non-tribal, in North Kitsap County.

Donations of canned or shelf stable food or household items are welcome! To arrange a donation, contact Sandra Horton or Sonya Crocker-Redbird at 360-297-9650.



# Around The Rez

## Opportunities and announcements for the S'Klallam Community

### BNS Payment Applications Accepted Thru 1/29

The \$2,000 Basic Needs Support Payment is still available. Applications will be accepted through Monday, January 29, 2024 at 4:30 pm.

To qualify, an enrolled PGST member must be 18 years of age or older at the time of application submission. Applications must be completed in full or will not be processed.

Completed applications can be emailed to vouchers@pgst.nsn.us or dropped off to the black box by the side door of the Community Services building.

Applications turned into staff, at the Front Desk, sent via social media, or returned in any other way than the options specified cannot be process for payment.

Applications are available from the Front Desk or can be downloaded at [www.pgst.nsn.us/bns-payments-2023/](http://www.pgst.nsn.us/bns-payments-2023/).

Please direct any questions to vouchers@pgst.nsn.us.

### Advisory Committees: Open Positions

Tribal Council is seeking interested Tribal members to serve on the following Advisory Committees:

- Elders Advisory Committee (3 open positions)
- Fish Committee (2 open positions)
- Hunting Committee (1 open position)

Tribal Council values the input given by these advisory groups and increased the stipends for service last year. Interested parties should fill out a Letter of Interest application and email to CouncilSupport@pgst.nsn.us by January 31, 2024.

Letter of Interest applications are available at [www.pgst.nsn.us/advisory-committees-open-positions/](http://www.pgst.nsn.us/advisory-committees-open-positions/)

### Sign Up for PGST Text Alerts

PGST recently transitioned to a new texting service. If you had previously

been receiving text/email messages from PGST, you do not need to do anything; your information has been transferred to the new service.

If you would like to begin receiving the latest alerts and updates, including on closures, events, and more, signing up is easy! Simply fill out this form: <https://www.smart911.com/smart911/ref/reg.action?pa=pgst>

During registration, you will be able to subscribe to specific lists, including those for Natural Resources, Youth Services, Culture, and more!

## Library Happenings in January

### Adults

#### Little Boston Book Group

This month we will discuss: "Finding the Mother Tree" by Suzanne Simard.  
Wednesday, January 3, 10:30 - 11:30 p.m.

#### CrafterNoon

Meet and socialize with other community crafters. Bring along a project to work on and make new friends.  
Wednesday, January 3, 10, 17, 24 & 31, 1-2 p.m.



### Kids

#### Read to a Dog

Choose a story and read to a dog. Grades K-5  
Second & Third Wednesday, January 10 & 17, 3:30-4:30 p.m.

#### Take & Make: Winter Lantern Craft

Brighten up your winter day by taking home a fun craft kit containing everything you need to create your own winter lantern. Pick up during open hours.  
January 15 - 20. While supplies last.



### Little Learners

#### Family Storytime

Stories, songs, rhymes, and full-body movement designed to build early literacy skills and encourage social and emotional development.  
Thursday, January 4, 11 & 25, 11:30 a.m. - noon  
\*No Storytime on January 18\*

#### Little Explorers

Each month, little ones ages 2-5 will explore different STEM concepts (both indoors & outdoors) through hands-on activities alongside their caregiver.  
Friday, January 5, 11:00 a.m. - noon



For more information visit [KRL.org/events](http://KRL.org/events)





**PGST 2024  
Graduates**

# Are you a 2024 PGST Graduate?



**Please fill out our google form**

Career and Education is planning the 2024 Graduate Honoring and we need your feedback. Please take a moment to fill out our short google form using the QR code.



**SCAN ME**



# HAPPY BIRTHDAY

...to everyone celebrating in **JANUARY!**

## January 1

Vera Carpenter  
Jesse Ives  
Cassandra Tom

## January 2

Sarah Black  
Darius Cole  
Kainan Redbird  
Shane Simmons

## January 3

Kari Decoteau  
Carol Glenn  
Joseph Najera  
Faith Tom

## January 4

Koda Moran  
Abby Purser  
Tyton Purser

## January 5

Michael Abrahamson-Dietrick  
Roderick Decoteau  
Angela George  
Elliot Mendenhall

## January 6

Anthony Adams III  
Dominic Aguayo  
Tina Ramirez-Oya

## January 8

Trevor Broten

## January 9

Grace Bennett  
Alex Charles  
Robert Knox  
Ryan Murray

## January 10

Betty Decoteau  
Tracyn Fulton  
Johnathan Hirschman  
Isaiah Jackson  
Vanessa Ponce-Ramirez  
Bone Redbird  
Edward Scheibner  
Frederick Stark

## January 11

Sarah Fulton  
Claire Ives  
Michael Reynolds

## January 12

Jeremiah  
Abrahamson-Dietrick  
Jason Hayes  
Joseph Ives, Jr.  
Shastin Morrison  
Mariya Oliver  
Tyler Sullivan  
Shawnee Tassitsie

## January 13

Karen Abrahamson-Dietrick  
Daisy Ann Castro  
Kaiya Laroche-Wellman

## January 14

Kyle Carpenter  
Kimberly Freewolf  
Melissa Jones  
Mandi Moon  
Angela Sanders  
Donald Whisler

## January 15

Carl Murphy  
Keith Murphy  
Daisy Nelson  
Luis Ponce-Ramirez, Jr.  
Isabelle Tom

## January 16

Calvert Anderson, Sr.  
Connor Anderson  
Payton Frank  
Star Lee Hagen  
Catherine Richman

## January 17

Tayana Decoteau  
Ronald Rogers III  
Jacob Sullivan

## January 18

Mistaya Benefield  
Devlin Combes  
Kimberely Johnson  
Roman Redbird

## January 19

Forest McMillan  
Matias Miguel

## January 20

Keith Anderson  
Darlaya Ellenwood  
Dennis Fulton  
Justice Hankin  
Christopher Sullivan

## January 21

Aaron Abrahamson  
John Folz  
Tanner Ives  
Tyler Ives  
Shawna Morrison  
Aiyanna Narte-Cheyney

## January 22

Rowan Bunich  
Rose Egnew  
Alan Freeman, Jr.  
Patrick Ives  
Dennis Jackson  
William Windsor

## January 24

Kwichukt Decoteau  
Louise Harvey  
Gus Makris  
Desiree Sullivan  
Keri Todd

## January 25

Megan Beckwith  
Henry Gresham, Jr.  
Gregory Leonard  
Sharon Noah  
Rozanne Purser  
Dakota Stewart

## January 26

Belle Halsey  
Jacoby Lavoie  
Jason Sanders  
Natashe Streun

## January 27

Jason Bruce  
Skyler Chalcraft-Fulton  
Jennifer Garrett  
Anthony Hadnot  
Bentley Lee

## January 28

Selena Fulton  
Catherine Ives

## January 29

Daniel Castro  
Kristina Jones  
Layla Purser

## January 30

Elliott-James Edwards  
Fred Jacobsen  
Amy Zent

## January 31

Dennis Bendixsen



## CHECK IT OUT AT YOUR LITTLE BOSTON LIBRARY

**COMMUNITY NEWS**— We are now open 10 am to 6 pm Monday-Thursday, Fridays 10 am to 5 pm and Saturdays 10 am to 2pm. Call 360-860-5080 to place a hold, make a curbside appointment, or speak to staff person. Visit us online at [www.krl.org](http://www.krl.org).

### Join Us @ Little Boston

- January 3 @ 10:30 a.m. -- Virtual and In-Person Little Boston Book Group
- January 3, 10, 17, 24, 31 @ 1:00 p.m. -- Crafternoon
- January 4, 11, 18, 25 @ 11:30 a.m. -- Family Storytime
- January 5 @ 11:00 a.m. -- Little Explorers
- January 10, 17 @ 3:30 p.m. -- Read to a Dog
- January 15-19 @ 10:00 a.m. -- Take & Make: Winter Lantern Craft

### Reading Recommendations

***The Rediscovery of America: Native Peoples and the Unmaking of U. S. History*** by Ned Blackhawk (Western Shoshone): Most U. S. histories focus on Europeans and their descendants. This long practice of ignoring Indigenous history is changing, however, as a new generation of scholars insist that American history address the struggle, survival, and resurgence of American Indian nations. Ned Blackhawk interweaves five centuries of Native and non-Native histories, from Spanish colonial exploration to the rise of Native American self-determination in the late 20th century. This National Book Award-winning work yields a truer account of the our country and reveals anew the varied meanings of America. (Nonfiction • Book • 2023)

***Weaving Sundown in a Scarlet Light: Fifty Poems for Fifty Years*** by Joy Harjo (Muscogee): In this celebratory volume, three-term U. S. Poet Laureate Joy Harjo selects her best poems from across fifty years, beginning with her early

discoveries of her own voice and ending with moving reflections on our contemporary moment. Generous notes on each poem offer insight into Harjo's inimitable poetics as she takes inspiration from sunrise, horse songs, and jazz, reckons with home and loss, and listens to the natural messengers of the earth. (Nonfiction • Book • 2022)

### Magazines

#### New York Review of Books

*published semi-monthly*

The New York Review of Books is a newspaper with articles on literature, culture, economics, science, and current affairs. It is inspired by the idea that the discussion of important books is an indispensable literary activity.

#### Vogue

*publishes 10 times per year*

The latest fashion news, beauty coverage, celebrity style, fashion week updates, and culture reviews.

### Special Collections for Kids!

#### MP3 ReadAlongs

Listen to and read a book at the same time with an MP3 ReadAlong, where the reader is attached to the book. Picture books and chapter books now available.

**See you at the Library!**



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**PORT GAMBLE S'KLALLAM TRIBE**

31912 Little Boston Rd. NE  
 Kingston, Wash. 98346

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 Silverdale, WA  
 Permit # 111

# TIDE TABLES FOR PORT GAMBLE, WASHINGTON

## JANUARY/FEBRUARY 2024

DAY	SUNRISE	SUNSET	1 <sup>ST</sup> TIDE	2 <sup>ND</sup> TIDE	3 <sup>RD</sup> TIDE	4 <sup>TH</sup> TIDE
Mon, 1/15	7:51 am	4:46 pm	1:02 am, -1.4 ft, low tide	8:06 am, 11.8 ft, high tide	2:13 pm, 4.9 ft, low tide	7:17 pm, 8.7 ft, high tide
Tue, 1/16	7:50 am	4:47 pm	1:48 am, 0.2 ft, low tide	8:42 am, 11.7 ft, high tide	3:10 pm, 3.7 ft, low tide	8:33 pm, 8.0 ft, high tide
Wed, 1/17	7:49 am	4:49 pm	2:36 am, 2.1 ft, low tide	9:18 am, 11.6 ft, high tide	4:09 pm, 2.5 ft, low tide	10:04 pm, 7.6 ft, high tide
Thu, 1/18	7:48 am	4:50 pm	3:28 am, 4.2 ft, low tide	9:57 am, 11.3 ft, high tide	5:10 pm, 1.4 ft, low tide	11:58 pm, 7.8 ft, high tide
Fri, 1/19	7:48 am	4:51 pm	4:35 am, 6.1 ft, low tide	10:39 am, 10.9 ft, high tide	6:08 pm, 0.4 ft, low tide	n/a
Sat, 1/20	7:47 am	4:53 pm	1:55 am, 8.6 ft, high tide	6:05 am, 7.5 ft, low tide	11:26 am, 10.4 ft, high tide	7:04 pm, -0.3 ft, low tide
Sun, 1/21	7:46 am	4:54 pm	3:15 am, 9.7 ft, high tide	7:47 am, 8.1 ft, low tide	12:18 pm, 10.0 ft, high tide	7:55 pm, -0.9 ft, low tide
Mon, 1/22	7:45 am	4:56 pm	4:09 am, 10.5 ft, high tide	9:07 am, 8.1 ft, low tide	1:13 pm, 9.6 ft, high tide	8:42 pm, -1.2 ft, low tide
Tue, 1/23	7:44 am	4:57 pm	4:52 am, 10.9 ft, high tide	10:05 am, 7.8 ft, low tide	2:06 pm, 9.4 ft, high tide	9:25 pm, -1.3 ft, low tide
Wed, 1/24	7:43 am	4:59 pm	5:27 am, 11.1 ft, high tide	10:49 am, 7.4 ft, low tide	2:56 pm, 9.3 ft, high tide	10:05 pm, -1.2 ft, low tide
Thu, 1/25	7:42 am	5:00 pm	5:57 am, 11.0 ft, high tide	11:26 am, 7.1 ft, low tide	3:42 pm, 9.2 ft, high tide	10:43 pm, -1.1 ft, low tide
Fri, 1/26	7:41 am	5:02 pm	6:22 am, 10.9 ft, high tide	11:58 am, 6.7 ft, low tide	4:25 pm, 9.0 ft, high tide	11:18 pm, -0.8 ft, low tide
Sat, 1/27	7:40 am	5:03 pm	6:42 am, 10.8 ft, high tide	12:30 pm, 6.2 ft, low tide	5:08 pm, 8.8 ft, high tide	11:53 pm, -0.3 ft, low tide
Sun, 1/28	7:39 am	5:05 pm	7:03 am, 10.8 ft, high tide	1:02 pm, 5.6 ft, low tide	5:53 pm, 8.5 ft, high tide	n/a
Mon, 1/29	7:37 am	5:06 pm	12:26 am, 0.5 ft, low tide	7:25 am, 10.8 ft, high tide	1:36 pm, 4.9 ft, low tide	6:41 pm, 8.2 ft, high tide
Tue, 1/30	7:36 am	5:08 pm	1:00 am, 1.5 ft, low tide	7:49 am, 10.8 ft, high tide	2:13 pm, 4.2 ft, low tide	7:34 pm, 7.8 ft, high tide
Wed, 1/31	7:35 am	5:10 pm	1:33 am, 2.7 ft, low tide	8:15 am, 10.6 ft, high tide	2:54 pm, 3.4 ft, low tide	8:35 pm, 7.5 ft, high tide
Thu, 2/1	7:34 am	5:11 pm	2:07 am, 4.2 ft, low tide	8:42 am, 10.4 ft, high tide	3:38 pm, 2.7 ft, low tide	9:48 pm, 7.4 ft, high tide
Fri, 2/2	7:32 am	5:13 pm	2:44 am, 5.7 ft, low tide	9:11 am, 10.1 ft, high tide	4:27 pm, 2.0 ft, low tide	11:22 pm, 7.5 ft, high tide
Sat, 2/3	7:31 am	5:14 pm	3:31 am, 7.1 ft, low tide	9:44 am, 9.8 ft, high tide	5:20 pm, 1.2 ft, low tide	n/a
Sun, 2/4	7:30 am	5:16 pm	1:37 am, 8.2 ft, high tide	4:54 am, 8.3 ft, low tide	10:24 am, 9.5 ft, high tide	6:17 am, 0.4 ft, low tide
Mon, 2/5	7:28 am	5:17 pm	3:04 am, 9.1 ft, high tide	6:54 am, 8.8 ft, low tide	11:18 am, 9.3 ft, high tide	7:13 pm, -0.4 ft, low tide
Tue, 2/6	7:27 am	5:19 pm	3:47 am, 9.8 ft, high tide	8:23 am, 8.8 ft, low tide	12:22 pm, 9.4 ft, high tide	8:06 pm, -1.3 ft, low tide
Wed, 2/7	7:25 am	5:20 pm	4:1 am, 10.4 ft, high tide	9:15 am, 8.4 ft, low tide	1:26 pm, 9.6 ft, high tide	8:56 pm, -2.0 ft, low tide
Thu, 2/8	7:24 am	5:22 pm	4:48 am, 10.8 ft, high tide	9:56 am, 7.8 ft, low tide	2:26 pm, 9.9 ft, high tide	9:44 pm, -2.5 ft, low tide
Fri, 2/9	7:22 am	5:24 pm	5:16 am, 11.1 ft, high tide	10:36 am, 6.9 ft, low tide	3:23 pm, 10.2 ft, high tide	10:30 pm, -2.6 ft, low tide
Sat, 2/10	7:21 am	5:25 pm	5:44 am, 11.3 ft, high tide	11:18 am, 5.9 ft, low tide	4:20 pm, 10.2 ft, high tide	11:15 pm, -2.2 ft, low tide
Sun, 2/11	7:19 am	5:27 pm	6:13 am, 11.5 ft, high tide	12:02 pm, 4.7 ft, low tide	5:18 pm, 10.1 ft, high tide	11:58 pm, -1.2 ft, low tide
Mon, 2/12	7:18 am	5:28 pm	6:44 am, 11.7 ft, high tide	12:49 pm, 3.5 ft, low tide	6:19 pm, 9.7 ft, high tide	n/a
Tue, 2/13	7:16 am	5:30 pm	12:42 am, 0.3 ft, low tide	7:16 am, 11.7 ft, high tide	1:38 pm, 2.4 ft, low tide	7:24 pm, 9.2 ft, high tide
Wed, 2/14	7:15 am	5:31 pm	1:27 am, 2.1 ft, low tide	7:49 am, 11.5 ft, high tide	2:29 pm, 1.4 ft, low tide	8:37 pm, 8.7 ft, high tide
Thu, 2/15	7:13 am	5:33 pm	2:15 am, 4.0 ft, low tide	8:25 am, 11.2 ft, high tide	3:23 pm, 0.8 ft, low tide	10:05 pm, 8.4 ft, high tide