



NARCAN Cabinet Open and Available 24/7 to Community



The Naloxone cabinet in front of the Healing Wing at the Health Center

The Port Gamble S'Klallam Health Center has partnered with Salish Behavioral Health Administration Services Organization (SBHASO) on the installation of a Naloxone cabinet, which provides easy access to the drug to the PGST community.

Located near the exterior door of the Healing Wing at the Health Center, the Naloxone cabinet is available to anyone who wants to access it, day or night. There is no recording of who uses it, no need to request entry, and doses of Naloxone are provided free of charge. The form of Naloxone stocked in the cabinet is NARCAN, an easy-to-administer nasal spray. Instructions are included on the outside of the cabinet.

Naloxone is designed to block and

rapidly reverse the effects of opioid overdose. It is a life-saving medication that works against all opioids, including heroin, morphine, and oxycodone.

SBHASO is a consortium of representatives from Kitsap, Clallam, and Jefferson Counties who are working to establish and operate a comprehensive community mental health system. PGST is the first community in the three-county region to enter into an agreement with the organization to install a Naloxone cabinet. SBHASO is establishing a website identifying free Naloxone sites.

The PGST Health Center will work with SBHASO to keep the cabinet stocked and maintained.

Housing & Planning Provide Updates During Special General Council

On Tuesday, February 27, the latest in a series of Special General Council meetings was held highlighting the role and work of various departments within the Port Gamble S'Klallam Tribe. Housing and Planning & Development took center stage via Zoom to explain their departments' structures and detail their latest projects.

The evening began with a presentation by Kara Horton, Housing Executive Director. Unlike other PGST departments, Housing is a separate entity from the Tribe overseen by a Board of Commissioners and a Chairman selected by Tribal Council. This structure has several benefits, including those related to funding and accounting structure.

Funding for Housing generally comes from the Department of Housing and Urban Development, grants, and Tribal hard dollars. Horton detailed their various programs, including Home Repair, Down Payment Assistance, Homeowners Assistance, Rental Assistance, and Rental Move In Assistance.

"The most need we're seeing is for Mortgage Assistance for people who are arrears. There's also a major need for utility and internet payment assistance," said Horton.

~Housing & Planning,
Cont. on Page 7



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PGST Vision Statement

Our vision is to achieve the full potential of the Port Gamble S'Klallam Tribal sovereign nation to be self-sufficient, proud, strong, healthy, educated and respected.

PGST Mission Statement

The mission of the Port Gamble S'Klallam Tribe is to exercise sovereignty and ensure self-determination and self-sufficiency through visionary leadership. We will ensure the health, welfare and economic success of a vibrant community through education, economic development, preservation and protection of the rich culture, traditions, language, homelands, and natural resources of our Tribe.

Port Gamble S'Klallam Tribe

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Tribal Council

Amber Caldera, Chairwoman
Chris Tom, Vice Chairman
Renee Veregge, Councilman

Matt Ives, Councilman
Kyle Carpenter, Councilman
Donovan Ashworth, Councilman

Entity Directors

- Kelly Sullivan, Executive Director
- Greg Trueb, CFO
- Tamara Gage, Administrative Director of Tribal Government
- Destiny Oliver, Administrative Director of Tribal Services
- Eric Croft, Interim Chief Executive Officer, Noo-Kayet
- Sam Cocharo, General Manager, The Point Casino
- Nic'cola Armstrong, Executive Director, Tribal Gaming Agency
- Andrea Dolan-Potter, PGS Foundation Executive Director
- Kara Horton-Wright, Port Gamble S'Klallam Housing Authority Executive Director

This newsletter is a product of the Port Gamble S'Klallam Tribe.

*For advertising inquiries or to submit items for publication,
please contact Ginger Vaughan at ginger@vaughancomm.com.*

Chairwoman's Corner

Amber Caldera



It's been a whirlwind since assuming the Chairwoman position, but with a heart full of gratitude and a mind fueled by determination, I have stepped into this role with a deep sense of responsibility to serve our community, while upholding the values that have successfully guided us through many generations.

I want to express my deepest gratitude to the Tribal Council and staff, who have offered their assistance and patience as I familiarize myself with the responsibilities of the position. Each day, we work together to address pressing issues, celebrate achievements, and envision a future that is guided by a shared sense of purpose. I am extremely grateful to the tribal and community members who have shown us grace and compassion, as we carry out the duties of our positions, recognizing we are doing our best while we grieve and embrace so much change.

In recent months, we've initiated changes within Nookayet Investments (NKI) aimed at realigning our business enterprises with S'Klallam values and workplace culture. While acknowledging concerns about

tribal leaders' involvement in business endeavors, our objective remains unchanged: to enhance NKI's effectiveness towards economic growth, while fostering a thriving, healthy environment where employees feel valued and empowered to make a difference, directly playing a vital role in the financial future of our Tribe.

The Council and NKI Board are dedicated to collaborating on implementing constructive change, and are eager for positive outcomes, as the additional workload has been challenging for us all.

I've also been advocating for our tribe's interests across county, state, and federal levels, through meetings with government officials, external organizations, or tribal consultations. I've dedicated myself to ensuring our voices are heard, respected, and our rights are protected. Serving as Vice Chair of the Hood Canal Coordinating Council, member of the Kitsap Regional Coordinating Council, and the Washington Indian Gaming Association, along with my roles on numerous internal tribal committees, I have been busier than I ever could have imagined! Nonetheless, I am very grateful and eager to continue making progress.

I invite you to join me on this journey, to share your insights, ideas, and aspirations, and to be an active participant in the collective efforts to advance the well-being and prosperity of our Tribe. Together, we are stronger, and together, we will continue to build a future that honors our past, building on the legacy of those who came before us, and ensuring a brighter future for the generations to come. It is an honor and privilege to serve as your Chairwoman, and I am excited for the future and the blessings that are sure to come.

Tribal Council meets on the 2nd and 4th Mondays of each month. PGST members are always welcome to attend and comment during open sessions.

You can also share your thoughts with Chairwoman Caldera directly by emailing ambers@pgst.nsn.us.



Culture Update: Celebrating Tribal Culture and Community Support



By The Culture Department

In this month's update from the Culture Department, Alicia Fulton, our new Culture Program Manager, recently led her first Culture Class. This session was all about exploring the many uses of Elderberries, or *scíyuuq̓*. Held in the teaching kitchen, participants learned how to make helpful antibacterial and antiviral syrups and honey from these berries. They also got important tips on staying safe when using *scíyuuq̓* with other medicines or herbal supplements.

The Culture Department was eager to lend a hand to the Canoe Family during the 37th Annual Stan Purser Memorial Pow-Wow Coastal Jam. With the help of our amazing community volunteers, we prepared a delicious dinner for over 200 Tribal Members and guests. It's moments like these that remind us we earn the reputation of being a Tribe of generous hosts.

We also want to give a big shoutout to some special members of our community who strive to lead by healthy example. Andre Ward, Valarie Ogle, George Sparks, and Marion Jackson have shown incredible dedication to sobriety and leadership.

We're so grateful for their inspiring commitment. We would like to thank the Healthcare Authority for generous sponsorship of the sobriety celebration.

A huge "*háʔnəŋ cn*" goes out to everyone who helped make these events possible. From our kitchen volunteers like Angel Stewart, Kyle Swanson, Roman Redbird, Trevor Thompson, and Vern Martinez, to those who generously donated food like Mary Oliver, Linda Middlebrook, Marie Hebert, Carol Armstrong, Misty Ives, Dayna Benefield, Emily McBride, and Melia Moore—your contributions are truly appreciated.



REMINDER:

Spring General Council

Saturday, March 30

Meeting begins at 9 am
Breakfast served at 8 am





Improvements Happening at Gliding Eagle, Eagle's Nest Espresso

2024 is off to a great start at Gliding Eagle Market, Eagle's Nest Espresso, and the surrounding area!

At GEM, the landscaping improvement project has been launched. With spring right around the corner, these new plantings are a welcome refresh and will make the property even more inviting.

There is also an update regarding the story pole on the GEM property at the corner of Hansville Road and Little Boston Road. The original pole that had been up for decades had grown unstable and was retired to Heronswood Gardens last summer. The Culture department staff arranged for the pole to be properly put to rest and are working on plans to have a new story pole carved utilizing the design of the original. We appreciate the work of the Culture team and will provide more information as it becomes available.

In addition, outdoor lighting throughout GEM and the Casino's parking lots and into Ravenswood has been improved or increased. The next phase of this project will repave the road through Ravenswood connecting Gliding Eagle Market and the Casino. This improvement will make it easier for customers to visit both businesses.

By late spring, construction will begin on the new Eagle's Nest Espresso. The current building is too small to accommodate de-

mand and its location, next to GEM's gas pumps, often causes congestion for those just wanting their morning cup of coffee. Eagle's Nest Espresso's new building will be situated about 100 yards from its current location, just outside GEM's parking lot in the former location of High Point Cannabis. The move will provide space for more customers without losing accessibility for those visiting GEM. Both sides of the drive-thru will be able to be utilized in a building that will be twice the size of the current location! Construction of the new Eagle's Nest Espresso is expected to be complete by mid-summer. Keep an eye out for Grand Opening celebrations and events!

Finally, we are pleased to announce new leadership at the Gliding Eagle Market. Kelly Bauch accepted a new role as C-Store Operations Manager in early September 2023. A new Deli Manager, O'Donovan Monk, joined the organization on February 19. He holds a Bachelor's Degree from Northern Arizona University, School of Hotel and Restaurant Management and is a Certified Hotel Industry Analyst. He is an enthusiastic addition to the team and has been warmly welcomed by the Deli employees. Kelly and O'Donovan are collaborating on a new menu and continue to work very closely with Tiffany Purser, Eagle's Nest Espresso, to ensure the smooth operation of the enterprise. GEM leadership looks forward to seeing you in the store very soon to check out the tribal jewelry and merchandise as well as the new and improved Deli offerings!



Anthony Jones Named as "Native American 40 Under 40" by National Organization



Anthony Jones, at left, at a 2019 celebration at The Burke Museum for PGST artists, like Jeffrey Veregge, at right

PGST member Anthony Jones, an attorney at law firm Dorsey & Whitney, has been selected to receive the prestigious "Native American 40 Under 40" Award from the National Center for American Indian Enterprise Development.

Anthony is one of a very small number of Native American patent attorneys, leveraging a broad engineering background. He also advises and represents tribal governments in relation to litigation and transactional matters, including those related to economic

development, natural resources, and tribal sovereignty.

Ben D. Kappelman, a co-chair of Dorsey's Indian and Alaska Native Practice Group, remarked, "We are thrilled for Anthony, but not surprised. We have the privilege of seeing Anthony's rising star up close as he brings his wisdom and technical experience to counseling clients and advocating for their interests."

Congratulations to Anthony!

Housing & Planning, *Cont. from Cover*

Housing also continues to hear from renters who are not low income and need assistance with rental costs or would like to see more options on the reservation for those at higher income level.

In November, the first tenant moved in Warrior Ridge, the new PGST neighborhood across from Gliding Eagle Market on Little Boston Road. Unfortunately, move-ins after that had to be delayed because of internal communication issues at Puget Sound Energy. The last tenant at Warrior Ridge is expected to be moved in by the beginning of March.

With a successful Phase 1 on the books, Phase 2 of Warrior Ridge began construction in late 2023. Clark Construction, who was the general contractor for Phase 1, is continuing their work, which, for Phase 2, includes 30 units—eight 1-bedroom units, 15 2-bedroom units, and seven 3-bedroom units. The new homes are expected to be ready for move-in by early 2025.

Some of Warrior Ridge's new tenants have vacated rental properties elsewhere on the reservation. These are being remodeled as needed and will be available to rent as soon as they are ready.

Joe Sparr, Executive Director of Planning & Development, is one of just four staff overseeing multiple projects at once. They are responsible for capital, remodel, and infrastructure projects from concept and construction to final build. This process often takes years.

Planning & Development actively works with Housing on projects like Warrior Ridge and others that increase on-reservation single family home ownership opportunities for Tribal members. For example, the North Kloomachin subdivision design, which will include lots for over 30 new homes, is at 60% and will continue through 2024.

Also underway this year is the Master Planning for the Admin campus. As that continues, Planning & Development has taken on several remodel project to ensure current facilities remain usable for staff. Recent projects include a complete remodel of the Natural Resources and Culture buildings to accommodate additional staff more efficiently and kitchen upgrades at the Elders Center and

Early Childhood Education.

Planning & Development is also working on a plan for the future of the Hansville Block, 937 acres of forest land purchased by PGST from Pope Resources in 2019. This commercial property has been used for forestry for years; in fact, the agreement between PGST and Pope included additional harvesting after the sale, which will continue for the next few years before the property can be put into trust.

“We don't know what the future holds for the Hansville Block yet. It might stay in forestry. That's all up to Council ultimately. There's no sewer or water up there so it's a challenge,” said Sparr.

Finally, Sparr gave an update on the ballfield, which has been under construction for the last several months in collaboration with Special Projects. In addition to drainage upgrades, new dugouts, and a complete regrade, special dirt made for ballfields in being installed. Work is expected to be complete in time for this year's baseball season.

The next Special General Council is Tuesday, March 26 at 5 pm over Zoom. Noo-Kayet Investments will be featured. Find the Zoom login details and a calendar of all upcoming General Council meeting at www.pgst.nsn.us/calendar.



One of the first tenants moves into the new Warrior Ridge neighborhood



Around The Rez

Opportunities and announcements for the S'Klallam Community

Spring Holiday Nutrition Assistance Program

Applications are now being accepted for the Spring Holiday Nutrition Assistance Program, which provides \$100 for each enrolled Port Gamble S'Klallam member.

Applications will be accepted through Friday, March 29 at 4:30 pm PST and should be dropped off at the Black Box of the Children and Family Services building. Do not hand off to staff.

Checks will be issued weekly beginning March 8 and through April 5.

Find full details and applications at www.pgst.nsn.us/spring-holiday-nutrition-assistance-program/.

Law & Order Committee: Open Position

Tribal Council is seeking interested Tribal members to serve on the Law and Order Committee.

The position will be appointed Spring 2024 and expire in Spring 2028 (4-year term).

Law and Order Committee members serve as the voice of the community to review proposed law changes before they are presented to Tribal Council. The Law and Order Committee meets on the second Tuesday of each month and members receive a \$100 stipend for each meeting attended.

Tribal Council values the input given by

these advisory groups. Those interested should fill out a Letter of Interest and email it to CouncilSupport@pgst.nsn.us by March 27.

Letter of Interest applications are available at www.pgst.nsn.us/law-and-order-committee-opening/

Calling All 2024 PGST Graduates

Are you a PGST member graduating from high school, college, or trade school in 2024? Career and Education wants to celebrate you! Using the QR code below, please take a moment to fill out their Google form for the 2024 Graduate Honoring.



Special General Council Meeting: Noo-Kayet Investments on March 26

In 2024, Tribal Council is hosting special General Council meetings highlighting the work of a specific program or department. The next special General Council meeting is on Tuesday, March 26 at 5 pm over Zoom.

Additional meetings include:

- Finance, April 30
- Point No Point Treaty Council,

May 29

- Health Services, August 27
- Legal, September 24

Find the full schedule and Zoom login info at www.pgst.nsn.us/calendar/.

Stay Connected with Latest PGST News

There are lots of ways to stay connected with the latest news from PGST:

- **PGST App:** Available for iOS (iPhone) and Android, the new app can be found on the Apple and Google Play stores by searching for 'Port Gamble S'Klallams'.
- **Texting Service:** If you would like to begin receiving the latest alerts and updates, including on closures, events, and more, signing up is easy! Simply fill out this form: <https://www.smart911.com/smart911/ref/reg.action?pa=pgst>
- **Website:** At www.pgst.nsn.us/current-news-events, find the latest info, including upcoming events, department highlights, member news, and more. In addition, at the website, you can connect with different departments, pay bills, find policies, and more!
- **Social media:** PGST will continue to post info on emergencies, events, and basic news on Facebook ([Facebook.com/PortGambleSkllallams](https://www.facebook.com/PortGambleSkllallams)) and Instagram ([@portgamblesklallams](https://www.instagram.com/portgamblesklallams)).



S'Klallam Worship Center Schedule for March

S'Klallam Worship Center's schedule for March includes several events, including guest speakers in partnership with the American Indian Fellowship and an Easter Sunday service.

MARCH SPECIAL EVENTS:

- March 16: Hosting American Indian Fellowship; 12 noon meal, service to follow. See Flyer below
- March 31: Easter Service at 10 am. See Flyer below.
- March 31: Sunrise Service at 6:45 am @ Jake Jones Park
- April 27: Hymn Sing & Healing Prayer. Led by Floyd Jones.

REGULAR SERVICES & PROGRAMS

- Sunday Service at 10 am
- "Refiners Fire" Prayer, Sundays at 6:30 pm

- "Rooted", Tuesdays at 6:30 pm
- "Guy Time", First Tuesday of month at 6:30pm
- "Girl Time" (Date and time to be announced)
- "Youth", Sundays at 6:30 pm
- "Splendor" (Music w/ Children/Youth), 1x per month with Ruthy - Announced

In addition, the S'Klallam Worship Center holds Children Com Forth Laughing, a childcare program available during Early Childhood Education's monthly Friday closure.

The S'Klallam Worship Center provides a safe, nurturing, faith-based environment that loves and values children.

S'KLALLAM WORSHIP CENTER
Hosting

AMERICAN INDIAN FELLOWSHIP

Guest speaker
SANDU GHERMAN & MINISTERING TEAM
FROM PHILADELPHIA
ROMANIAN CHURCH

32274 Little Boston Rd. Kingston, WA 98346

MARCH | 16th | 2024

12noon Fellowship Meal
Service immediately following

S'KLALLAM WORSHIP CENTER

Easter Sunday

MARCH 31 @ 10AM

SUNRISE SERVICE 6:45AM @JAKE JONES PARK
CONTINENTAL BREAKFAST FOLLOWING SUNRISE SERVICE TIL 8:30AM

KIDZ CHURCH INCLUDES AN EASTER EGG HUNT

HAPPY BIRTHDAY

...to everyone celebrating in **MARCH!**

March 1

Glenn Brown
Kade Chalcraft-Fulton
Dale George

March 2

Harry Fulton III
Tyler Hardman
Lou Anne Pullen
Leann Sampson

March 3

Jacqueline Frederick
Christopher Gould
Charlene Lakins
Leighton McLeod
Selina Ramirez

March 4

Norman Jones, Jr.
Donald Purser, Jr.
Auriahna Sullivan

March 5

Sa-Teela Carpenter
Mandolin Charles
Raelee McDonald
Cattleya Quintana
Jeffrey Schell II

March 6

Ronald Laub
Anthony Najera
Carlos Najera

March 7

Tanner Chalcraft-Sullivan
Denny Henderson
Jennifer Kelliher
Justine Moran

March 8

Tenaya Fritz
Jeffrey Lafrance
Cannon Strode

March 9

Kwangksun Decoteau
Sheree Fulton
Merrilee Miguel

March 10

Christopher Freeman
Brandon Fulton
Deborah Hanson
Shylynn Pluff

March 11

Harvey Combes
Autumn Headley
Keoni Hillier
Alan Leonard
Evelyn Leonard
Joy MacKenzie

March 12

Alicia Cagey
Robert Carpenter, Jr.
Jeffrey Fulton
Alicia Jones
Dawayne Rakoczy
Carol Toppan

March 13

Jennifer Antig
Benjamin Cole, Jr.
Dawn Lamont-Holman
Debrah Purser II
Ivy Reynolds
Jeffrey Veregge
Jesse Whisler

March 14

Elise Countryman
Charin Godbolt
William Ives
Lauren Moon
James Streun

March 15

Logan Charles
Trisha Ives
Esmee Stark-Stokes
March 16
Zanna Knoch

March 17

Julia Jackson
Gene Jones III
Angeline Rogers

March 18

Jack Countryman
Ethan Efferson
Casey French
Andrew Harter
Marjorie Letson
Dharsea Mommsen
William Plankenhorn
Liberty Sullivan
Stephanie Sullivan
Taylor Tomer

March 19

Mark Bjorklund
Angie Shaw
Maegan Sullivan
Lavonne Tom

March 20

Deborah Decoteau
Quinton Metheny
Dianna Purser
Dean Quinnett

March 21

Donald Fulton
Gregory Hillier
Ronald Komok, Jr.
Joseph Komok
Gracelyn Sullivan

March 22

Trinity Horton
Joseph Price
Donald Rogers

March 23

Eileen Charles
Alicia Fulton
Jeremy Gritton
Weldon Park
Anna Scheibner
Chad Sullivan

March 24

Cathy Harvey
Kendra Jones
Angel Stewart

March 25

Clara George

March 26

Vanessa Schaffer
Sharmane Seachord

March 27

Kylie Carpenter
Jerry Hirschman
Kelly Sullivan
Lane Trevathan

March 28

Jordan Caldera

March 29

Leah Harnack
Diana Hill
Jennifer McCloud
Ramona Tom

March 30

Lindsey Fulton
Dawn Purser

March 31

Molly Knowlton
Larry Pollock, Jr.



CHECK IT OUT AT YOUR LITTLE BOSTON LIBRARY

COMMUNITY NEWS— We are now open 10 am to 6 pm Monday-Thursday, Fridays 10 am to 5 pm and Saturdays 10 am to 2pm. Call 360-860-5080 to place a hold, make a curbside appointment, or speak to staff person. Visit us online at www.krl.org.

All branches of Kitsap Regional Library will be closed Monday, March 4th for staff training.

Join Us @ Little Boston

- March 1 @ 11:00 a.m. -- Little Explorers
- March 6 @ 10:30 a.m. -- Virtual and In-Person Little Boston Book Group
- March 6, 13, 20, 27 @ 1:00 p.m. -- Crafternoon
- March 7, 14, 21, 28 @ 11:30 a.m. -- Family Storytime
- March 11-16 @ 10:00 a.m. -- Take & Make: Spin Drum
- March 13, 20 @ 3:30 p.m. -- Read to a Dog

Reading Recommendations

A Calm and Normal Heart by Chelsea T. Hicks (Osage Nation): This debut collection of 12 short stories is an eclectic, witty and bittersweet portrait of Indigenous youth on journeys of self-discovery. The many heroes within these pages are bound by a common desire for connection and safety - inside a nation in which they have always lived but where they often do not feel like they entirely belong. (*Fiction • Book • 2022*)

Haboo: Native American Stories from Puget Sound edited and translated by Vi Hilbert (Upper Skagit): Vi Hilbert grew up at a time when her ancestral language were still being spoken all around her. As an adult, she subsequently worked with linguists and anthropologists to record and translate as much of her people's oral tradition as possible. Haboo is her collection of the stories and legends of the Lushootseed-speaking people of Puget Sound, and is a beautiful illustration of how beliefs, values, and customs are handed from one generation to the next. (*Nonfiction • Book • 2020*)

Magazines Available for Check Out

American Indian - published quarterly by the Smithsonian Museum of the American Indian (NMAI) This publication provides a platform for Indigenous perspectives and expression in all its forms.

- Tells insightful stories about contemporary Native issues.
- Takes you behind the scenes of the only national collection dedicated to the art, history and living cultures of Indigenous peoples across the Western Hemisphere.

Travel & Leisure - published monthly

Travel + Leisure is a travelers' best resource for trip ideas, hotel picks, flight sales, city guides, and travel tips from the experts.

- Trip ideas and itineraries
- Where to stay
- What to eat
- What to do around the globe

Student Library Accounts

North Kitsap School District and Kitsap Regional Library have partnered to make accessing the public library easy for students. Students in this school district can use their student ID number as a library card at any Kitsap Regional Library.

If your student has an NK09 number, they can access everything the Library has to offer online or at any Kitsap Regional Library location.

Username: NK + Student account number (ex. Nk0912345)

Password: Student account number (ex. 0912345)

See you at the Library!



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PORT GAMBLE S'KLALLAM TRIBE

31912 Little Boston Rd. NE
 Kingston, Wash. 98346

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 Permit # 111

TIDE TABLES FOR PORT GAMBLE, WASHINGTON

MARCH/APRIL 2024

DAY	SUNRISE	SUNSET	1 ST TIDE	2 ND TIDE	3 RD TIDE	4 TH TIDE
Fri, 3/15	7:18 am	7:17 pm	3:04 am, 5.7 ft, low tide	8:35 am, 10.3 ft, high tide	3:40 pm, -0.5 ft, low tide	11:00 pm, 9.2 ft, high tide
Sat, 3/16	7:16 am	7:18 pm	4:10 am, 6.9 ft, low tide	9:19 am, 9.5 ft, high tide	4:36 pm, -0.2 ft, low tide	n/a
Sun, 3/17	7:14 am	7:20 pm	12:42 am, 9.2 ft, high tide	5:51 am, 7.6 ft, low tide	10:15 am, 8.7 ft, high tide	5:40 pm, 0.3 ft, low tide
Mon, 3/18	7:12 am	7:21 pm	2:16 am, 9.5 ft, high tide	7:57 am, 7.4 ft, low tide	11:30 am, 8.0 ft, high tide	6:52 pm, 0.7 ft, low tide
Tue, 3/19	7:10 am	7:22 pm	3:21 am, 9.8 ft, high tide	9:13 am, 6.7 ft, low tide	12:57 pm, 7.7 ft, high tide	8:01 pm, 0.9 ft, low tide
Wed, 3/20	7:08 am	7:24 pm	4:06 am, 10.0 ft, high tide	10:00 am, 5.9 ft, low tide	2:15 pm, 7.8 ft, high tide	9:00 pm, 0.9 ft, low tide
Thu, 3/21	7:06 am	7:25 pm	4:39 am, 10.0 ft, high tide	10:34 am, 5.2 ft, low tide	3:17 pm, 8.0 ft, high tide	9:47 pm, 1.0 ft, low tide
Fri, 3/22	7:04 am	7:27 pm	5:03 am, 10.0 ft, high tide	11:02 am, 4.5 ft, low tide	4:06 pm, 8.3 ft, high tide	10:26 pm, 1.2 ft, low tide
Sat, 3/23	7:02 am	7:28 pm	5:20 am, 9.9 ft, high tide	11:26 am, 3.8 ft, low tide	4:50 pm, 8.5 ft, high tide	11:01 pm, 1.7 ft, low tide
Sun, 3/24	7:00 am	7:30 pm	5:33 am, 9.9 ft, high tide	11:48 am, 3.0 ft, low tide	5:30 pm, 8.8 ft, high tide	11:33 pm, 2.3 ft, low tide
Mon, 3/25	6:58 am	7:31 pm	5:48 am, 9.9 ft, high tide	12:11 pm, 2.2 ft, low tide	6:10 pm, 9.0 ft, high tide	n/a
Tue, 3/26	6:56 am	7:32 pm	12:05 am, 3.1 ft, low tide	6:07 am, 9.9 ft, high tide	12:37 pm, 1.4 ft, low tide	6:51 pm, 9.1 ft, high tide
Wed, 3/27	6:54 am	7:34 pm	12:38 am, 3.9 ft, low tide	6:27 am, 9.9 ft, high tide	1:06 pm, 0.7 ft, low tide	7:34 pm, 9.3 ft, high tide
Thu, 3/28	6:52 am	7:35 pm	1:13 am, 4.9 ft, low tide	6:50 am, 9.7 ft, high tide	1:39 pm, 0.1 ft, low tide	8:20 pm, 9.4 ft, high tide
Fri, 3/29	6:50 am	7:37 pm	1:50 am, 5.8 ft, low tide	7:13 am, 9.5 ft, high tide	2:16 pm, -0.2 ft, low tide	9:11 pm, 9.3 ft, high tide
Sat, 3/30	6:48 am	7:38 pm	2:31 am, 6.6 ft, low tide	7:38 am, 9.2 ft, high tide	2:59 pm, -0.4 ft, low tide	10:10 pm, 9.2 ft, high tide
Sun, 3/31	6:46 am	7:40 pm	3:20 am, 7.4 ft, low tide	8:04 am, 8.9 ft, high tide	3:49 pm, -0.3 ft, low tide	11:24 pm, 9.1 ft, high tide
Mon, 4/1	6:44 am	7:41 pm	4:28 am, 7.9 ft, low tide	8:41 am, 8.5 ft, high tide	4:48 pm, -0.2 ft, low tide	n/a
Tue, 4/2	6:42 am	7:42 pm	12:53 am, 9.1 ft, high tide	6:14 am, 8.0 ft, low tide	9:53 am, 8.1 ft, high tide	5:56 pm, -0.1 ft, low tide
Wed, 4/3	6:40 am	7:44 pm	2:08 am, 9.4 ft, high tide	7:57 am, 7.5 ft, low tide	11:39 am, 7.8 ft, high tide	7:05 pm, -0.1 ft, low tide
Thu, 4/4	6:38 am	7:45 pm	2:56 am, 9.7 ft, high tide	8:50 am, 6.5 ft, low tide	1:12 pm, 8.0 ft, high tide	8:10 pm, -0.2 ft, low tide
Fri, 4/5	6:36 am	7:47 pm	3:30 am, 10.1 ft, high tide	9:30 am, 5.2 ft, low tide	2:29 pm, 8.5 ft, high tide	9:07 pm, 0.0 ft, low tide
Sat, 4/6	6:34 am	7:48 pm	3:59 am, 10.4 ft, high tide	10:08 am, 3.6 ft, low tide	3:36 pm, 9.0 ft, high tide	9:58 pm, 0.5 ft, low tide
Sun, 4/7	6:32 am	7:49 pm	4:27 am, 10.7 ft, high tide	10:46 am, 2.0 ft, low tide	4:38 pm, 9.6 ft, high tide	10:46 pm, 1.3 ft, low tide
Mon, 4/8	6:30 am	7:51 pm	4:55 am, 10.9 ft, high tide	11:25 am, 0.4 ft, low tide	5:38 pm, 10.0 ft, high tide	11:33 pm, 2.5 ft, low tide
Tue, 4/9	6:28 am	7:52 pm	5:26 am, 11.0 ft, high tide	12:05 pm, -0.9 ft, low tide	6:36 pm, 10.3 ft, high tide	n/a
Wed, 4/10	6:26 am	7:54 pm	12:21 am, 3.7, low tide	5:58 am, 10.9 ft, high tide	12:47 pm, -1.7 ft, low tide	7:34 pm, 10.4 ft, high tide
Thu, 4/11	6:24 am	7:55 pm	1:10 am, 5.0 ft, low tide	6:32 am, 10.5 ft, high tide	1:29 pm, -2.0 ft, low tide	8:34 pm, 10.4 ft, high tide
Fri, 4/12	6:22 am	7:57 pm	2:03 am, 6.0 ft, low tide	7:10 am, 10.0 ft, high tide	2:14 pm, -1.9 ft, low tide	9:37 pm, 10.2 ft, high tide
Sat, 4/13	6:20 am	7:58 pm	3:05 am, 6.8 ft, low tide	7:52 am, 9.3 ft, high tide	3:03 pm, -1.3 ft, low tide	10:48 pm, 9.9 ft, high tide
Sun, 4/14	6:19 am	7:59 pm	4:23 am, 7.2 ft, low tide	8:41 am, 8.4 ft, high tide	3:56 pm, -0.4 ft, low tide	n/a
Mon, 4/15	6:17 am	8:01 pm	12:06 am, 9.7 ft, high tide	6:13 am, 7.1 ft, low tide	9:47 am, 7.6 ft, high tide	4:58 pm, 0.4 ft, low tide